



# SENIOR SPECTACULAR

## WELLNESS & RESOURCE EXPO

**WEDNESDAY, AUGUST 15**  
9am-1pm at the North Valley Family YMCA

**FREE and OPEN TO ALL**

This one day celebration will focus on the many resources in our community for our fabulous seniors. Free onsite presentations, interactive booths and healthy snacks throughout the day are just a few of the many things offered this day! Special thanks to UCLA Health, Paul Davis Insurance Services, Kaiser Permanente, Shapell Liberty Investments, SoCal Gas, Premier America Credit Union and Clear Captions.

Please contact Chelsea Good for more information: 818 271 5067 [chelseagood@ymcaLA.org](mailto:chelseagood@ymcaLA.org)

**MEDICARE INTRO & REFRESHER:** by Paul Davis from Paul Davis Insurance Services

**MEDICATION SAFETY:** Robert L. Deamer, PharmD, BCPs from Kaiser Permanente Woodland Hills



**NORTH VALLEY FAMILY YMCA** 11336 Corbin Avenue Porter Ranch [www.ymcaLA.org/nv](http://www.ymcaLA.org/nv)