

2024 • spring edition

SeniorCare

Directory

YOUR GUIDE
TO INDEPENDENT LIVING
AND LONG-TERM CARE



Los Angeles Daily News ■ The Orange County Register ■ The Press-Enterprise ■ Press-Telegram ■ Daily Breeze
Pasadena Star-News ■ San Gabriel Valley Tribune ■ Whittier Daily News ■ Inland Valley Daily Bulletin ■ The Sun ■ The Facts

Discover The Watermark Difference

Watermark creates extraordinary communities where people thrive. Where aging is about renewal rather than retirement. Our communities feature highly trained and caring associates, a lifestyle built on choice, top-notch amenities and services, integrative wellness, and innovative programs including the award-winning Watermark University, Gourmet Bites Cuisine, and Extraordinary Outings.



Explore these exceptional communities that are a part of our Watermark family. Savor the seaside views of **Crown Cove**. In a historic neighborhood, **Raincross at Riverside** is centrally located between Los Angeles and San Diego. Enjoy world-class shopping, dining, entertainment, and culture just minutes from **The Watermark at Beverly Hills**. **Whittier Place** is less than a 30-minute drive to downtown Los Angeles, iconic Orange County cities, and the gorgeous Pacific Ocean. Perfectly situated in the heart of West Los Angeles, nearby UCLA, is **The Watermark at Westwood Village**. **The Hacienda Mission San Luis Rey** is located in Oceanside, one of the quintessential SoCal beach towns.

A variety of our Watermark communities have been recognized as 2023-2024 Best Senior Living communities for Independent Living, Assisted Living, or Memory Care by U.S. News & World Report.

Call one of our vibrant communities and schedule your private tour today.



CROWN COVE - Corona del Mar.....	947-763-2664
RAINCROSS AT RIVERSIDE - Riverside.....	951-373-4848
THE WATERMARK AT BEVERLY HILLS - Beverly Hills	424-512-7131
WHITTIER PLACE - Whittier.....	562-298-1282
THE WATERMARK AT WESTWOOD VILLAGE - Los Angeles.....	310-893-5499
THE HACIENDA MISSION SAN LUIS REY - Oceanside.....	760-767-8147

24-NSB-5779A

Spring 2024 / Senior Care Directory

Published by the Southern California News Group, the 2024 Senior Care Directory was created to provide seniors and their families with an all-inclusive list of local and regional assistance programs and resources. According to the U.S. Census Bureau, there will be 77 million people 65 years and older living in the U.S. by 2034. That aging boom will be even bigger in

California as the senior population is expected to grow by two-thirds in the next two decades.

Inside this directory, you'll find useful listings on a wide range of senior care categories. As you and your loved ones age, understanding your options for long-term care and services can be overwhelming and this up-to-date guide can help you navigate the sea of choices available. Listings cover everything

from housing, in-home care and mental health facilities, to special needs equipment, transportation, financial matters and much more.

The directory will also be posted online and available on all of our SCNG websites which you can access at scng.com/publications. We hope you will find it to be a valuable resource now and in the future.

Table of Contents

Your Guide to Independent Living and Long-Term Care

- 4 Integrated Health and Mental Well-being
- 16 Residential and In-Home Support
- 25 Financial Security and Legal Planning
- 30 Equipment and Services for Senior Special Needs
- 34 Recreation, Personal Services & Other



Published by



Los Angeles Daily News ■ The Orange County Register
The Press-Enterprise ■ Press-Telegram (Long Beach)
Daily Breeze (Torrance) ■ Pasadena Star-News
San Gabriel Valley Tribune ■ Whittier Daily News
Inland Valley Daily Bulletin ■ The Sun (San Bernardino)
The Facts (Redlands)

ADVERTISING

Jim Krup
General Manager
Sr. Director of Advertising

Simon Grieve
Vice President of Advertising LA Coastal

Julia Golub
Director, Client Services

John Powers
Sr. Manager, Business Development

Bobbi Meyer
Advertising Manager

Tom Paradis
Advertising Manager

Multi-Media Account Representatives

Adil Zaher
Amanda Carnahan
Cathy Lopez
David Graham
Gordon Clark
Jeanette Lutton
John Thompson
Miranda Garcia
Nickie Hill
Rhiannon Fox
Robert Gonzales
Sandy Hofacker

Project Managers

Claudia Villar
Mary Anne Rozinsky
Roxanne Garcia

MARKETING

Marissa Chamberlain
Designer

Pedro Garcia
Cover Designer

Bob Gearhart
Copy Editor



INTEGRATED HEALTH AND MENTAL WELL-BEING

Grief/Caregiver Support Services

Alzheimer's Association California Southland Chapter (serving Los Angeles, Riverside, San Bernardino, Kern, Kings, Tulare and Inyo counties)

3415 S. Sepulveda Blvd., Suite 500
Culver City, CA 90034
(800) 272-3900
www.alz.org/socal

Alzheimer's Association Orange County Chapter

38 Executive Park Suite 350
Irvine, CA 92614
(800) 272-3900
www.alz.org/oc

Alzheimer's Family Services

9451 Indianapolis Ave
Huntington Beach, CA 92646
(714) 593-9630
afscenter.org/

Canary Health

3415 S Sepulveda Blvd Fl 10
Los Angeles, CA 90034
(310) 444-0636 ext. 111
www.canaryhealth.com

Cancer Support Community

331 W Sierra Madre Blvd
Sierra Madre, CA 91024
(626) 796-1083
cancersupportsgv.org
Cancer Support Community uplifts and strengthens people impacted by cancer by providing support, fostering compassionate communities, and breaking down barriers to care.

Family Caregiver Support Center/LACRC

3715 McClintock Ave
Los Angeles, CA 90089-0191
(800) 540-4442
losangelescrc.usc.edu/
The Family Caregiver Support Center at USC is a non-profit providing services for family caregivers in Los Angeles County to aid in the caregiving process.

Senior Planning Services

402 E Carrillo St Ste C
Santa Barbara, CA 93101
(805) 644-0800
www.seniorplanningservices.com

Medical & Dental Care

360 Orthodontics

1609 Westwood Blvd
Los Angeles, CA 90024
(310) 998-7600
www.360orthodontics.com

Akeso Medical Holdings

7700 Irvine Center Dr Ste 870
Irvine, CA 92618
(562) 565-6683
www.akesomedical.com

All-Inclusive Community Health Center

1311 N San Fernando Blvd
Burbank, CA 91504
(818) 843-9900
www.aichc.org

Alta Hospitals System

10780 Santa Monica Blvd Ste 400
Los Angeles, CA 90025
www.lach-norwalk.com

Amphibious Medics

3320 E Airport Way
Long Beach, CA 90806
(877) 878-9185
www.amphibiousmedics.com

Asian Pacific Health Care Venture

4216 Fountain Ave
Los Angeles, CA 90029
(323) 644-3880 ext. 488
www.aphcv.org

Bartz-Altadonna Community Health Center

43322 Gingham Ave Ste 105
Lancaster, CA 93535
(661) 579-9317
www.bartz-altadonna-chc.org

Beverly Hills Dental Laboratory

9100 Wilshire Blvd Ste 400W
Beverly Hills, CA 90212
(310) 652-8383
www.beverlyhillsdentistry.com

Beverly Oncology & Imaging

120 W Beverly Blvd Ste 200
Montebello, CA 90640
(323) 517-9801
www.beverlyoncology.com

Bottala Orthodontics

3110 Chino Ave Ste 200
Chino Hills, CA 91709
(909) 613-9434
www.jbbraces.com

Brandman Centers for Senior Care (PACE) Reseda

7150 Tampa Ave.
Reseda, CA 91335
(855) 744-8444
brandmanseniorcare.org

Brandman Centers for Senior Care (PACE) West Los Angeles

9800 West Pico Blvd.
Los Angeles, CA 90035
(844) 952-7223
brandmanseniorcare.org

CalOptima Health PACE

13300 Garden Grove Blvd.
Garden Grove, CA 92843
1-844-999-PACE
caloptima.org/PACE
Program of All-Inclusive Care for the Elderly offers complete senior care tailored to meet your needs to keep you active and living at home.

California Dental Network

23291 Mill Creek Dr Ste 100
Laguna Hills, CA 92653
(949) 830-1655
www.caldental.net

Centinela Valley Endoscopy Center

575 E Hardy St Ste 101
Inglewood, CA 90301
(310) 330-9900
www.centinelavalley.com

Central City Community Health Center

1000 San Gabriel Blvd Ste 200
Rosemead, CA 91770
(323) 724-0019
www.centralcityhealth.org

Wellness • Independence • Safety

PLAN YOUR FUTURE WITH PEACE OF MIND

For 110 years, Atherton has been shaped by the desires and needs of seniors and has provided the care which has allowed them to flourish during this season of their lives.

Our full-service Life Plan Community offers a variety of options from Independent Living to Skilled Nursing on a 15-acre campus located in the heart of Alhambra.

We are committed to helping our residents continue their lives of independence at Atherton, with their safety and wellness as a priority.



**INDEPENDENT LIVING | ASSISTED LIVING
SKILLED NURSING | REHABILITATION SERVICES**



ATHERTON

Christian living for today's seniors

Call **1.800.340.4178** or visit **www.abh.org**
214 S Atlantic Blvd, Alhambra, CA 91801



Atherton Baptist Homes is open to people of all faiths. RCFE #197802543
Certificate of Authority #322. Atherton Baptist Homes does not discriminate on the basis of age, sex, race, color, disability, religion or national origin

Where you're a name. Not just a number.

EDINGER
MEDICAL GROUP

Call to
Get Started
714-965-2557

**15 Primary Care
Providers**

**Compassionate
Senior Care Team**

**Award-Winning
Hospital**



For more information, visit [edingermedicalgroup.com](https://www.edingermedicalgroup.com)

STAY CONNECTED WITH OUR EMAIL NEWSLETTERS!



Go behind the headlines for an insider's view on all your favorite topics.

From breaking news and politics, to business, sports and entertainment, our email newsletters keep you up-to-date with the topics you care about most. Sign up now and choose the news you want delivered straight to your inbox.

scng.com/newsletters

No cost or obligation, unsubscribe at any time.



Los Angeles Daily News ■ The Orange County Register ■ The Press-Enterprise ■ Press-Telegram (Long Beach) ■ Daily Breeze (Torrance)
Pasadena Star-News ■ San Gabriel Valley Tribune ■ Whittier Daily News ■ Inland Valley Daily Bulletin ■ The Sun (San Bernardino) ■ The Facts (Redlands)

Medical & Dental Care

Central Neighborhood Health Foundation

714 W Olympic Blvd Ste 801
Los Angeles, CA 90015
(213) 536-5815
www.cnhfclinics.org

Central Valley Medical Providers

PO Box 261040
Encino, CA 91426
(559) 450-5797
www.cvmedpro.com

CHA Health Systems

4531 Fountain Ave
Los Angeles, CA 90029
www.chahealthsystems.com

Chinatown Service Center

767 N Hill St Ste 400
Los Angeles, CA 90012
(213) 808-1700
www.cscla.org

Complete Care Community Health Center

2928 E Cesar E Chavez Ave
Los Angeles, CA 90033
(323) 266-6700
www.cchclinic.com

Complete Specialty Group

3631 Urquidez Ave
Glendale, CA 91208
(818) 426-1642
www.completespecialty.com

Crossover Health

101 W Avenida Vista Hermosa Ste 120
San Clemente, CA 92672
(949) 891-0328
www.crossoverhealth.com

Crystal Dental Services

6342 Beach Blvd
Buena Park, CA 90621
(714) 676-1027
www.crystaldentalservices.com

Dental 2000

39 Creek Rd, Ste. 210
Irvine, CA 92604
(949) 857-6757
www.dental2000.com

Dental Health Services

3780 Kilroy Airport Way Ste 750
Long Beach, CA 90806
(562) 276-1220
www.dentalhealthservices.com

DentalChat

17602 17th St # 102-149
Tustin, CA 92780
www.dentalchat.com

Edinger Medical Group

9900 Talbert Ave, Suite # 301 & 302
Fountain Valley, CA 92708
(714) 965-2500
edingermedicalgroup.com/

Edinger Medical Group

18682 Beach Blvd. Suite # 150
Huntington Beach, CA 92648
(714) 965-2500
edingermedicalgroup.com/

Exer - More Than Urgent Care

239 S La Cienega Blvd Ste 100
Beverly Hills, CA 90211
(747) 233-3645
www.exerurgentcare.com

Foothill Regional Medical Center

14662 Newport Ave
Tustin, CA 92780
360-949-1414
www.foothillregionalmedicalcenter.com

Golden Age

701 S Raymond Ave Ste 4B
Fullerton, CA 92831
(714) 992-2999
www.goldenagedentalcare.com

Healthpointe

16702 Valley View Ave
La Mirada, CA 90638
www.healthpointe.net

Herald Christian Health Center

8841 Garvey Ave Fl 2
Rosemead, CA 91770
(626) 286-8700
www.hchcla.org

Hoag Hospital Foundation

330 Placentia Ave Ste 100
Newport Beach, CA 92663
(949) 764-8821
www.hoaghospitalfoundation.org

Huntington Geriatric Medical Group

2100 E Colorado Blvd Ste 1
Pasadena, CA 91107
(626) 397-5000
www.huntingtongeriatric.com

Inland Medical and Surgical

636 E Brier Dr Ste 200
San Bernardino, CA 92408
(909) 307-1000
www.inlandempire.us

Kedren Community Health Center

4211 Avalon Blvd Ste B
Los Angeles, CA 90011
(323) 419-5620 ext. 1309
www.kedren.org

LAC+USC Medical Center

2020 Zonal Ave Rm 112
Los Angeles, CA 90033
(323) 409-5707
www.uscpediatrics.com

Lakeside Community Healthcare - Physical Therapy

101 S. First St. Suite # 1800
Burbank, CA 91501
(818) 558-7252
locations.lakesidemed.com/burbank-physical-therapy/

Lakeside Community Healthcare - Primary and Specialty Care

7325 Medical Center Dr. Suite # 300
West Hills, CA 91307
(818) 595-3580
locations.lakesidemed.com/west-hills/

Lakeside Community Healthcare - Primary and Specialty Care

14901 Rinaldi St. Suite # 200
Mission Hills, CA 91345
(818) 365-8553
locations.lakesidemed.com/mission-hills/

Lakeside Community Healthcare - Primary and Specialty Care

12660 Riverside Dr. Suite # 225
North Hollywood, CA 91607
(818) 755-0391
locations.lakesidemed.com/north-hollywood/

Lakeside Community Healthcare - Primary and Specialty Care

1500 S. Central Ave. Suite # 200A
Glendale, CA 91204
(818) 254-1500
locations.lakesidemed.com/glendale/

Lakeside Community Healthcare - Primary and Specialty Care

191 S. Buena Vista St. Suite # 200
Burbank, CA 91505
(818) 557-2671
locations.lakesidemed.com/burbank/

Lakeside Community Healthcare - Primary and Specialty Care

1500 W. West Covina Pkwy. Suite # 101
West Covina, CA 91790
(626) 960-9414
locations.lakesidemed.com/west-covina/

Medical & Dental Care

Lakeside Community Healthcare - Primary Care

612 E. Janss Rd.
Thousand Oaks, CA 91360
(805) 373-0725
locations.lakesidemed.com/thousand-oaks/

Lakeside Community Healthcare - Urgent Care

191 S Buena Vista St. Suite # 150
Burbank, CA 91505
(818) 295-5920
locations.lakesidemed.com/burbank-urgent-care/

Lakeside Community Healthcare - Urgent Care

1500 W Covina Pkwy. Suite # 102
West Covina, CA 91790
(626) 856-2248
locations.lakesidemed.com/west-covina-urgent-care/

Los Angeles Jewish Health

7150 Tampa Avenue
Reseda, CA 91335
(855) 227-3745
lajhealth.org

Mahmee

3495 Cahuenga Blvd W Unit B
Los Angeles, CA 90068
(818) 431-1118
www.mahmee.com

MemorialCare Miller Children's & Women's Hospital Long Beach

2801 Atlantic Ave Ste 430
Long Beach, CA 90806
(562) 933-8100
www.millerchildrenshospitallb.org

MetroMD

7080 Hollywood Blvd Ste 815
Los Angeles, CA 90028
(323) 284-5476
www.metro-md.com

Mission Hills Modern Dentistry

10306 Sepulveda Blvd
Mission Hills, CA 91345
(818) 722-1576
www.missionhillsmoderndentistry.com

Montclair Hospital Medical Center

5000 San Bernardino St
Montclair, CA 91763
(909) 625-5411 ext. 8192
www.montclair-hospital.org

Neighborhood Healthcare Arlanza Family Health Center

8856 Arlington Ave
Riverside, CA 92503
(833) 867-4642
www.nhcare.org/locations-list/riverside-arlanza-family-health-center/

Neighborhood Healthcare Corona

308 W Sixth St. Suite #109
Corona, CA 92882
(833) 867-4642
www.nhcare.org/locations-list/corona-now-open/

Neighborhood Healthcare Eastside Health Center

1970 University Ave
Riverside, CA 92507
(833) 867-4642
www.nhcare.org/locations-list/riverside-eastside-health-center/

Neighborhood Healthcare Eastside Health Center B

1971 University Ave
Riverside, CA 92507
(833) 867-4642
www.nhcare.org/locations-list/riverside-eastside-health-center-b/

Neighborhood Healthcare Hemet

1030 E Florida Ave
Hemet, CA 92543
(833) 867-4642
www.nhcare.org/locations-list/hemet/

Neighborhood Healthcare Menifee

26926 Cherry Hills, Suite B
Menifee, CA 92586
(833) 867-4642
www.nhcare.org/locations-list/menifee/

Neighborhood Healthcare PACE

4371 Latham St
Riverside, CA 92501
(833) 867-4642
www.nhpace.org/

Neighborhood Healthcare Riverside Latham

4371 Latham St
Riverside, CA 92501
(833) 867-4642
www.nhcare.org/locations-list/riverside/

Neighborhood Healthcare Temecula Pkwy

31720 Temecula Parkway
Temecula, CA 92592
(833) 867-4642
www.nhcare.org/locations-list/temeculaparkway/

Neighborhood Healthcare Temecula, Enterprise

41840 Enterprise Cir N
Temecula, CA 92590
(833) 867-4642
www.nhcare.org/locations-list/temecula/

Onsite Dental

2025 N Gateway Blvd
Fresno, CA 93727
(650) 250-4050
www.onsitedental.com

Pacifica Hospital of Valley

9449 San Fernando Rd
Sun Valley, CA 91352
(818) 252-2295
www.pacificahospital.com

Pain Management & Injury Relief

1120 Newbury Rd Ste 150
Thousand Oaks, CA 91320
(877) 724-6349
www.paininjuryrelief.com

Placentia-Linda Hospital

1301 N Rose Dr
Placentia, CA 92870
(714) 993-2000
www.placentialinda.com

QueensCare Health Centers

4618 Fountain Ave 102
Los Angeles, CA 90002
(323) 635-1153
www.queenscarehealthcenters.org

RISSER Orthopaedic Group

2627 E Washington Blvd
Pasadena, CA 91107
(626) 798-0567
www.risserortho.com

Senior Dentures

15791 Rockfield, Suite E
Irvine, CA 92618
(949) 713-1400
www.senior-dentures.com

Smile Designs

10349 Heritage Park Dr Ste 4
Santa Fe Springs, CA 90670
www.regosmiles.com

Southern California Hospital

6245 De Longpre Ave
Los Angeles, CA 90028
(323) 462-2271
www.sch-hollywood.com

Southland Integrated Services

1618 W 1st St
Santa Ana, CA 92703
(714) 620-7044
www.southlandintegrated.org

St John's Healthcare Foundation

1600 N Rose Ave
Oxnard, CA 93030
(805) 988-2868
www.supportstjohns.org

Synergy OMS

9735 Wilshire Blvd Ste 400
Beverly Hills, CA 90212
(310) 772-0700
www.synergyoms.com

The Dental Views

13139 Central Ave
Chino, CA 91710
(909) 200-3065
www.dentalviews.com

Total Care Dental & Orthodontics

5703 S Vermont Ave
Los Angeles, CA 90037
(323) 230-6366
www.totalcaredentalgroup.com

Tri-state Community Healthcare Center

1402 Bailey Ave
Needles, CA 92363
(323) 425-8978
www.tristateclinics.org

Trust Implants

295 Terracina Blvd
Redlands, CA 92373
(855) 494-6752
www.trustimplants.com

Two Front

10585 Santa Monica Blvd
Los Angeles, CA 90025
(213) 584-4566
www.mytwofront.com

UC Irvine Diabetes Center

333 City Blvd W Ste 605
Orange, CA 92868
(714) 456-5153
www.ucidiabetes.com

UCLA Health

Several Location
See Website Below to find a location near you, CA 91505
(310) 825-2631
www.uclahealth.org/locations

**Unicare Community Health Center**

437 N Euclid Ave Ste A
Ontario, CA 91762
(909) 988-2555
www.unicarechc.org

Universal Community Health Center

2801 S San Pedro St
Los Angeles, CA 90011
(323) 233-3100
www.uchcla.org

VA Los Angeles Ambulatory Care Center

351 E Temple St 2
Los Angeles, CA 90012
(213) 253-2677
losangeles.va.gov

Watts Healthcare

10300 Compton Ave
Los Angeles, CA 90002
(323) 564-4331 ext. 3141
www.wattshealth.org

West Coast Neurology

630 S Raymond Ave Unit 310
Pasadena, CA 91105
(626) 598-3770
www.westcoastneurology.com

Westside Family Health Center

3861 Sepulveda Blvd
Culver City, CA 90230
(310) 450-4773 ext. 222
www.wfhcenter.org

Ziering Medical

9201 W Sunset Blvd Ste 315
West Hollywood, CA 90069
(949) 719-6939
www.zieringmedical.com

Mental Health Services**Acacia Counseling and Wellness**

1019 Gayley Ave Fl 2
Los Angeles, CA 90024
(424) 273-8900
www.acaciawc.com

Active Steps

12437 Lewis St Ste 100
Garden Grove, CA 92840
(714) 202-0118
www.active-steps.com

Aegis Treatment Centers

6390 Runnymede Dr
Placerville, CA 95667
(909) 831-8081
www.aegistreatmentcenters.com

Airport Marina Counseling Service

7891 La Tijera Blvd
Los Angeles, CA 90045
(310) 670-1410
www.amcshelps.com

Alma Family Services

900 Corporate Center Dr Ste 350
Monterey Park, CA 91754
(323) 526-4016 ext. 213
www.almafamilyservices.org

AltaMed PACE - Anaheim

1325 N. Anaheim Blvd., Suite 100
Anaheim, CA 92801
(562) 373-1213
www.altamed.org/PACE

AltaMed PACE - Covina

535 S. 2nd Ave.
Covina, CA 91723
(323) 236-7347
www.altamed.org/PACE

Mental Health Services

AltaMed PACE - East Los Angeles

5425 East Pomona Blvd.
Los Angeles, CA 90022
(323) 621-9826
www.altamed.org/PACE

AltaMed PACE - El Monte

10418 Valley Blvd., Suite A
El Monte, CA 91731
(323) 244-6331
www.altamed.org/PACE

AltaMed PACE - Grand Plaza

701 W. Cesar Estrada Chavez Ave., Suite 201
Los Angeles, CA 90012
(323) 509-6685
www.altamed.org/PACE

AltaMed PACE - Huntington Park

1900 Slauson Ave., Suite B
Huntington Park, CA 90255
(323) 675-8164
www.altamed.org/PACE

AltaMed PACE - Long Beach

1500 Hughes Way, Suite C150
Long Beach, CA 90810
(323) 695-6979
www.altamed.org/PACE

AltaMed PACE - Lynwood

3820 Martin Luther King Jr. Blvd.
Lynwood, CA 90262
(323) 437-8251
www.altamed.org/PACE

AltaMed PACE - Norwalk

11541 Rosecrans Ave.
Norwalk, CA 90650
(323) 516-3029
www.altamed.org/PACE

AltaMed PACE - Santa Ana

3601 W. Sunflower Avenue, Suite 100
Santa Ana, CA 92704
(323) 346-4602
www.altamed.org/PACE

AltaMed PACE - South Los Angeles

1776 E. Century Blvd
Los Angeles, CA 90002
(323) 622-9158
www.altamed.org/PACE

Alzheimer's Family Services

9451 Indianapolis Ave
Huntington Beach, CA 92646
(714) 593-9630
afscenter.org/

Barn Life Recovery

126 E 16th St
Costa Mesa, CA 92627
(949) 229-6853
www.barnliferecovery.com

Behavior Therapy Clinic

15720 Ventura Blvd Ste 403
Encino, CA 91436
(818) 325-2014
www.behaviortherapyclinic.com

Better Life Therapy

28494 Westinghouse Pl Ste 304
Valencia, CA 91355
(661) 425-9000
www.betterlifetherapyinc.com

Bridges

3600 Power Inn Rd Ste C
Sacramento, CA 95826
(916) 450-0700
www.bridgesrehab.org

Building Mental Health

2600 W Olive Ave 570
Burbank, CA 91505
(818) 566-6606
www.beingyoupsychology.com

Burnett Therapeutic Services

3419 Valle Verde Dr
Napa, CA 94558
(707) 299-8250
btsinc.services

CBT California

6404 Wilshire Blvd Ste 1020
Los Angeles, CA 90048
(800) 624-1475
www.cbtcalifornia.com

Center for Integrated Family and Health Services

540 S Eremland Dr
Covina, CA 91723
(626) 966-1577
www.cifhs.org

Clearview Treatment Programs

911 Coeur D Alene Ave
Venice, CA 90291
(310) 862-8972
www.clearviewtreatment.com

Council on Aging - Southern California Friendly Visitor Program

2 Executive Circle, Suite 175
Irvine, CA 92614
(714) 352-8820
www.coasc.org/friendlyvisitor

Council on Aging - Southern California PEARLS OC

2 Executive Circle, Suite 175
Irvine, CA 92614
(714) 492-1874
www.coasc.org/pearlsoc

Council on Aging - Southern California ReConnect EISOA Program

2 Executive Circle, Suite 175
Irvine, CA 92614
(714) 352-8820
www.coasc.org/reconnect

Discovery Mood & Anxiety Program

4281 Katella Ave Ste 111A
Los Alamitos, CA 90270
(714) 828-0808
www.discoverymood.com

Elevation Behavioral Health

28632 Roadside Dr Ste 170
Agoura Hills, CA 91301
(888) 561-0868
www.elevationbehavioralhealth.com

Executive Mental Health

11835 W Olympic Blvd Ste 1265E
Los Angeles, CA 90064
(310) 273-4843 ext. 8
www.emhla.com

“Aging is not ‘lost youth’ but a new stage of opportunity and strength.”

Betty Friedan

Gooden Center

191 N El Molino Ave
Pasadena, CA 91101
(626) 714-1423
www.goodencenter.org

**Grace Gardens
Memory Care**

555 E Memory Lane
Santa Ana, CA 92706
(714) 975-8400
GraceGardensMC.com

**Guidance Community
Development Center**

2323 W Martin Luther King Jr Blvd
Los Angeles, CA 90008
(562) 216-1710
www.tgclb.org

**Harbor Psychiatry &
Mental Health**

4631 Teller Ave Ste 100
Newport Beach, CA 92660
(949) 887-7187
www.harbormentalhealth.com

**Howard Chudler and
Associates**

1274 Center Court Dr Ste 211
Covina, CA 91724
(626) 339-4999
www.chudler.net

Key Essentials

9333 Base Line Rd Ste 290
Rancho Cucamonga, CA 91730
(909) 304-1353
www.keyessentialsbm.com

Life Dr

1318 N Beverly Glen Blvd
Los Angeles, CA 90077
(310) 227-8899
www.lifedr.com

Lighthouse Treatment Center

1310 W Pearl St
Anaheim, CA 92801
(855) 934-1100
www.lighthouse-treatment.com

Masada Homes

108 W Victoria St
Gardena, CA 90248
(310) 715-2020 ext. 349
www.masadahomes.org

Maternal Mental Health NOW

1000 N Alameda St Ste 240
Los Angeles, CA 90012
(310) 289-2202
www.maternalmentalhealthnow.org

Movember

PO Box 2040
Santa Monica, CA 90406
(310) 450-3399
www.movember.com

Muse Treatment

1251 Westwood Blvd
Los Angeles, CA 90024
(310) 287-1949
www.musetreatment.com

**Northbound Treatment
Services**

3822 Campus Dr Ste 100
Newport Beach, CA 92660
(949) 763-3576
www.northboundtreatment.com

Olive Behavior Care

1042 Pearl St Apt A
Santa Monica, CA 90405
(310) 439-8315
www.olivebehaviorcare.com

**Orange County Health
Psychologists**

15615 Alton Pkwy Ste 230
Irvine, CA 92618
(949) 528-6300
www.ochealthpsych.com

**Pacific Asian Counseling
Services**

8616 La Tijera Blvd Ste 200
Los Angeles, CA 90045
(310) 337-1550 ext. 2016
www.pacsla.org

Pacific Mind Health

320 Pine Ave Ste 609
Long Beach, CA 90802
(310) 243-6868
www.pacificmindhealth.com

Quality Behavior Solutions

16600 Sherman Way Ste 175
Van Nuys, CA 91406
(818) 991-7722
www.qbssocal.com

**Riverside University Health
System - Behavioral Health**

4095 County Circle Drive
Riverside, CA 92503
(800) 499-3008
www.ruhealth.org/behavioral-health/older-adult-services
RUHS Prevention and Early Intervention (PEI) programs can help seniors cope and manage challenges of aging and caregiving. To access mental health services call:
1-800-499-3008.

Sunshine Behavioral Health

30950 Rancho Viejo Rd Ste 225
San Juan Capistrano, CA 92675
(949) 276-2886
www.sunshinebehavioralhealth.com

Supportiv

2222 Harold Way
Berkeley, CA 94704
(800) 845-0015
www.supportiv.com

The Camden Center

10780 Santa Monica Blvd Ste 105
Los Angeles, CA 90025
(424) 320-4848
www.camdencenter.com

The Life Adjustment Team

4551 Glencoe Ave Ste 255
Marina del Rey, CA 90292
(310) 572-7000
www.lifeadjustmentteam.com

Therapy Lab

1127 Wilshire Blvd Ste 1218
Los Angeles, CA 90017
(213) 712-9595
www.therapylab.com

**UCLA Counseling and
Psychological Services**

221 Westwood Plz
Los Angeles, CA 90095
(310) 825-0768
counseling.ucla.edu

UCLA Psychology Clinic

2191 Franz Hall
Los Angeles, CA 90095
(310) 825-1225
psych.ucla.edu

Vantage Point Recovery

123 Hodencamp Rd Ste 205
Thousand Oaks, CA 91360
(805) 367-8163
www.vantagepointrecovery.com

Vista del Mar Hospital

801 Seneca St
Ventura, CA 93001
(805) 653-6434
www.vistadelmarhospital.com

Walnut Village

891 S. Walnut Street
Anaheim, CA 92802
(714) 507-7005
summerhouseatwv.org

**Other Resources Physical
Well-Being****A Plan For Senior Care**

30092 Ivy Glenn Dr Ste 200
Laguna Niguel, CA 92677
(949) 313-7965
www.aplanforseniorcare.com

Adult Enrichment Center

1813 E Dyer Rd Ste 411
Santa Ana, CA 92705
(714) 576-2688 ext. 102
www.adultenrichmentcenter.com

Other Resources Physical Well-Being

Advantage Fitness Products

1730 Berkeley St
Santa Monica, CA 90404
(310) 559-9949 ext. 104
www.afproducts.com

Alamitos West Health & Rehabilitation

3902 Katella Ave
Los Alamitos, CA 90720
(562) 596-5561
www.alamitoswest.com

Aloha Foot and Ankle Associates

26732 Crown Valley Pkwy Ste 317
Mission Viejo, CA 92691
(949) 753-7491
www.alohafootandankle.com

Alta Gardens Care Center

13075 Blackbird St
Garden Grove, CA 92843
(714) 530-6322
www.altagardenscc.com

Americana Care

111 Fashion Ln 100
Tustin, CA 92780
(714) 408-2081
www.americanaseniorcare.com

Anaheim Crest Nursing Center

3067 W Orange Ave
Anaheim, CA 92804
(714) 827-2440
www.anaheimcrest.com

Autism Behavior Intervention

17203 Ventura Blvd Ste 3
Encino, CA 91316
(818) 501-3615
www.teamabi.com

Avalon Villa Health Care

12029 Avalon Blvd
Los Angeles, CA 90061
(323) 756-8191
www.avalonvillahealthcare.com

BAART Programs

1001 Potrero Ave
San Francisco, CA 94110
(213) 353-1140
www.baartprograms.com

Beachside Nursing Center

7781 Garfield Ave
Huntington Beach, CA 92648
(714) 847-9671
www.beachsidenursing.com

Beit T'Shuvah

8831 Venice Blvd
Los Angeles, CA 90034
(310) 204-5200
www.beittshuvah.org

Bel Vista Healthcare Center

5001 E Anaheim St
Long Beach, CA 90804
(562) 494-5001
www.belvista.com

Beverly Hills Cancer Center

8900 Wilshire Blvd Ste 200
Beverly Hills, CA 90211
(310) 432-8901
www.bhcancercenter.com

Brentwood Health Care Center

1321 Franklin St
Santa Monica, CA 90404
(310) 828-5596
www.brentwoodnursing.com

Broadway Healthcare Center

112 E Broadway
San Gabriel, CA 91776
(626) 285-2165
www.broadwayhcc.com

California Rehabilitation Institute

2070 Century Park E
Los Angeles, CA 90067
www.californiarehabinstitute.com

Center for Inherited Blood Disorders

1010 W La Veta Ave Ste 670
Orange, CA 92868
(818) 538-4686
www.cibd-ca.org

Center for Social Dynamics

400 29th St Ste 105
Oakland, CA 94609
(510) 268-8120
www.csdautismservices.com

Chatsworth Park Health Care Center

10610 Owensmouth Ave
Chatsworth, CA 91311
(818) 882-3200
www.chatsworthparkcare.com

Cognito Therapeutics

1218 Massachusetts Ave, Suite 200
Cambridge, MA 2138
(857) 201-5088
www.HOPEStudyForAD.com

Community Care Center

2335 Mountain Ave
Duarte, CA 91010
(626) 357-3207
www.communitycarecenter.net

Community Extended Care Hospital Of Montclair

9620 Fremont Ave
Montclair, CA 91763
(909) 621-4751
www.communityech.com

Community Medical Wellness Centers USA

1360 E Anaheim St Ste 101
Long Beach, CA 90813
(562) 270-0324
www.cmwcusa.org

Courtyard Care Center

1880 Dawson Ave
Signal Hill, CA 90755
(562) 494-5188
www.courtyardcarecenter.com

Dialysis Education Services

16925 Bellflower Blvd
Bellflower, CA 90706
(562) 303-3202
www.dialysiseducationservices.com

Evergreen Physical Therapy Specialists

111 S Hudson Ave
Pasadena, CA 91101
(626) 683-8236
www.evergreenpt.net

Evolution Physical Therapy

6826 S Centinela Ave
Culver City, CA 90230
(310) 915-9700
www.evolutionphysicaltherapy.com

Farmacy Cannabis Dispensary

1327 E. Saint Gertrude Pl.
Santa Ana, CA 92705
(714) 928-9129
www.FarmacyShop.com
Farmacy Santa Ana offers personalized service for seniors and a wide variety of cannabis products. Offering free delivery and a 20% wisdom discount (55+) everyday.

Fireside Health Care Center

947 3rd St
Santa Monica, CA 90403
(310) 393-0475
www.firesidecare.com

Fitgenetix

5000 Birch St
Newport Beach, CA 92660
(415) 968-4042
www.fitgenetix.com

GEM Transitional Care Center

716 S Fair Oaks Ave
Pasadena, CA 91105
(626) 737-0560
www.gemtransitional.com



We CARE

Riverside University Health System Prevention and Early Intervention (PEI) programs can help seniors cope and manage challenges of aging and caregiving.

Our programs include:

- ♥ Cognitive-Behavioral Therapy for Late-Life Depression
- ♥ Program to Encourage Active Rewarding Lives for Seniors
- ♥ Caregiver Support Groups
- ♥ Suicide Prevention Trainings

For more info visit ruhealth.org/behavioral-health/pei-our-services

To access mental health services call:

1-800-499-3008



SCAN QR CODE for trainings



The British Home is a non-profit, Assisted Living retirement home for all seniors. Our campus encompasses almost three acres of beautiful gardens and well attended landscape surrounding seven separate cottages, each with their own unique charm and story to tell.

A gracious Retirement Community for all.

Affordable elegance.

Pet Friendly



Come and see for yourself ...

Just how much like Home we are ...

THE BRITISH HOME IN CALIFORNIA, LTD.
647 Manzanita Ave., Sierra Madre, CA 91024
(626) 355-7240

www.britishhome-ca.us

Lic# 191501668

Join the HOPE Study for Alzheimer's Disease

HELP ADVANCE ALZHEIMER'S DISEASE TREATMENT

What does the HOPE Study for Alzheimer's disease involve?

If you are eligible and choose to enroll in the HOPE Study, you will:

- Use a non-invasive wearable study device at home on a daily basis for approximately 12 months
- Participate in study-related visits at clinical sites with experienced healthcare professionals in the presence of a study partner, such as a family member or friend
- Receive compensation for study-related expenses (such as travel) and time, for both the participant and study partner

Who can participate in the HOPE Study?



Between 50 and 90 years of age



Have been diagnosed with Alzheimer's disease by a healthcare professional



Have a reliable study partner, such as a family member or friend, who can help with participation in the study



Meet other criteria which will be evaluated

- ⊗ No drugs or highly invasive procedures
- ⊗ No insurance or out of pocket expenses necessary

Space is limited. Join soon!

Talk to your doctor about whether the HOPE Study is a good fit for you or a loved one. Visit www.HopeStudyForAD.com to answer a few questions and learn more.

Join the HOPE Study for Alzheimer's Disease
www.HOPEStudyForAD.com



SCAN ME



Change a life
Become a Mentor

Open your home to an adult with disabilities.

Become a Mentor with our **California MENTOR Family Home Agency**. Providers receive a monthly stipend to cover the cost of care.

Contact us to learn more.
Call 626-541-0207
Visit mentorswanted.com



Other Resources Physical Well-Being

Genesis Rehab Services

27442 Portola Pkwy Ste 200
Foothill Ranch, CA 92610
(740) 826-7626
www.genesisrehab.com

Glendora Canyon

401 W Ada Ave
Glendora, CA 91741
(626) 335-9810 ext. 301
www.glendoratcu.com

Harbor Villa Care Center

861 S Harbor Blvd
Anaheim, CA 92805
(714) 635-8131
www.harborvillacares.com

Health Direct

16750 Hale Ave
Irvine, CA 92606
(949) 825-5370 ext. 105
www.healthdirectusa.com

Huntington Drive Health and Rehabilitation Center

400 W Huntington Dr
Arcadia, CA 91007
(626) 445-2421
www.huntingtondrivehcc.com

IW Care Connection

13715 Burbank Blvd
Sherman Oaks, CA 91401
(818) 789-2273
www.iwcareconnection.com

Laguna Beach Physical Therapy

2600 E Coast Hwy Ste 150
Corona del Mar, CA 92625
(949) 499-9559
www.socalpt.com

Las Colinas Post Acute

800 E 5th St
Ontario, CA 91764
(909) 984-8629
www.lascalinaspa.com

Leaf Group

1655 26th St
Santa Monica, CA 90404
(310) 917-6400
www.leafgroup.com

Los Palos Post-Acute Care Center

1430 W 6th St
San Pedro, CA 90732
(310) 832-6431
www.lpconv.com

M3 Physical Therapy

7230 Medical Center Dr Ste 401
West Hills, CA 91307
(747) 888-3562
www.m3pt.com

Mountain View Convalescent Hospital

13333 Fenton Ave
Sylmar, CA 91342
(818) 367-1033
www.mviewch.com

Movano

6800 Koll Center Pkwy
Pleasanton, CA 94566
(415) 651-3172
www.movanohealth.com

Ontario Healthcare Center

1661 S Euclid Ave
Ontario, CA 91762
(909) 984-6713
www.ontariohealthcarecenter.com

OptimisPT

24630 Washington Ave Ste 200
Murrieta, CA 92562
(310) 697-8788
www.optimispt.com

Organix

1731 Colorado Blvd
Los Angeles, CA 90041
(323) 254-0284
www.organixx.com

Pasadena Physical Therapy

95 W California Blvd
Pasadena, CA 91105
(626) 304-0528
www.pasadenapt.com

Pharmacy Trust Professionals

12 Rancho Cir
Lake Forest, CA 92630
(508) 450-6065
www.pharmacytrustpros.com

Physical Rehabilitation Services

11680 Atlantic Ave
Lynwood, CA 90262
(412) 366-3880
www.docmirz.com

Physical Therapy Care

6214 W Manchester Ave Fl 2
Los Angeles, CA 90045
(310) 348-8464
www.ptcare.com

Prosport Physical Therapy

2777 Bristol St Ste B
Costa Mesa, CA 92626
(949) 387-7331
www.prosportpt.com

Rinaldi Convalescent Hospital

16553 Rinaldi St
Granada Hills, CA 91344
(818) 360-1003
www.rinaldicares.com

Roman Empire Agency

13215 Penn St Ste 328
Whittier, CA 90602
(626) 833-8424
www.romanempireagency.com

Royal Personal Training

822 S Robertson Blvd Ste 101
Los Angeles, CA 90035
(310) 657-4181
www.royalpersonaltraining.com

SaltStick

PO Box 4456
Thousand Oaks, CA 91359
(716) 775-7605
www.saltstick.com

Seniornews.com

29829 Santa Margarita Parkway, Suite 100
Rancho Santa Margarita, CA 92618
(949) 340-2505
www.seniornews.com

Serra Sol

31451 Avenida Los Cerritos
San Juan Capistrano, CA 92675
(949) 485-2022
www.serrasol.com

Sierracare

33221 Globe Dr
Springville, CA 93265
(559) 539-1100
www.sierracare.com

SNF Wound Care

1250 S Beverly Glen Blvd Apt 202
Los Angeles, CA 90024
(833) 379-6863
www.snfwoundcare.com

Southern California Sports Rehabilitation

1809 E Dyer Rd Ste 313
Santa Ana, CA 92705
(949) 905-1900
www.scsrtherapy.net

Soylent

777 S Alameda St Fl 2
Los Angeles, CA 90021
(213) 418-0240
www.soylent.com

Spine & Sport Physical Therapy

3760 Convoy St Ste 101
San Diego, CA 92111
(858) 573-9368
www.spineandsport.com

Stairway Resource Center

21210 Erwin St
Woodland Hills, CA 91367
(818) 672-6095
www.stairwayrecovery.com



Discover a Life at Rowntree Gardens

As one of the area's only not-for-profit, faith-based Continuing Care Retirement Communities (CCRC), Rowntree Gardens offers a complete range of integrated services to meet your needs — today and in the years to come. All right here within our beautiful park-like community. With an average tenure of 13 years, our dedicated staff is here to help you enjoy your independence, explore your interests and thrive among friends who share your love for life.

Your Continuum of Care

- Independent Living
- Assisted Living
- Memory Care
- 5-Star Medicare-Rated Skilled Nursing Facility for Short-Term Rehab and Long-Term Care
- Outpatient Rehab Services

For more information or to schedule a tour, please call us at (714) 530-9100 RowntreeGardens.org



Rowntree GARDENS
A Life Care Senior Community

12151 Dale Street Stanton, CA 90680

RCFE# 300600816 DHS# 060000159 COA# 267



Where devotion meets compassion



Healthier days ahead

Experience the true difference of complete, coordinated care with Regal Medical Group, Lakeside Community Healthcare, and ADOC Medical Group. For 30 years, our vast SoCal healthcare network, best in class member programs and quality services have provided unparalleled support to help keep our members healthy.



Thousands of primary care physicians and specialists



Expanded access options: in-person, online and telehealth



Hundreds of urgent care centers, hospitals and labs



Free online nutrition, health education and fitness classes at HealthyWayEvents.com



STAY CONNECTED. UPDATES + TIPS.
SOCIAL. FREE CLASSES + EVENTS.



Questions about Medicare?

Call (866) 984-0527 to speak with a licensed agent today.



RegalMed.com

24RLANMKR013EN03

Other Resources Physical Well-Being

Sun Mar Healthcare

3050 Saturn St
Brea, CA 92821
(714) 577-3880 ext. 311
www.sunmarhealthcare.com

Sun Mar Nursing Center

1720 W Orange Ave
Anaheim, CA 92804
(714) 776-1720
www.sunmarnursing.com

Targeted Medical Pharma

2980 N Beverly Glen Cir Ste 301
Los Angeles, CA 90077
(310) 474-9809 ext. 120
www.tmedpharma.com

Telesis Physical Therapy

550 Saint Charles Dr Ste 100
Thousand Oaks, CA 91360
(805) 777-1023
www.telesispt.com

Terrace View Care Center

201 E Bastanchury Rd
Fullerton, CA 92835
(714) 870-0060
www.terraceviewcare.com

Therapeds

8808 Mission Dr Ste 201
Rosemead, CA 91770
(626) 285-7337
www.therapeds.org

TherapyTravelers

355 Redondo Ave
Long Beach, CA 90814
(888) 223-8002
www.therapytravelers.com

TOCA

2777 Bristol St Ste D
Costa Mesa, CA 92626
(844) 444-8622
www.tocafootball.com

Topanga Terrace

22125 Roscoe Blvd
Canoga Park, CA 91304
(818) 883-7292
www.topangaterrace.com

Vargo Physical Therapy

3425 W Victory Blvd
Burbank, CA 91505
(661) 250-9890
www.vargopt.com

Victory Performance And Physical Therapy

11461 W Washington Blvd Ste 1
Los Angeles, CA 90066
(424) 543-4336
www.victoryperformancept.com

Villa Valencia

24552 Paseo De Valencia
Laguna Hills, CA 92653
(949) 609-7540
www.villavalenciarehab.com

Violence Intervention Program

1721 Griffin Ave
Los Angeles, CA 90031
(323) 221-4134 ext. 252
www.violenceinterventionprogram.org

WelbeHealth

PO Box 10
Sacramento, CA 95899
(209) 442-6077
www.welbehealth.com

West Covina Healthcare Center

850 S Sunkist Ave
West Covina, CA 91790
(626) 962-3368
www.westcovinahcc.com

Working With Autism

14724 Ventura Blvd Ste 1110
Sherman Oaks, CA 91403
(818) 582-2205
www.workingwithautism.com



RESIDENTIAL AND IN-HOME SUPPORT

Home Care Services

AAA TLC Health Care

16133 Ventura Blvd Ste 900
Encino, CA 91436
(818) 380-6585
www.aaatlc.com

Acacia Home Health Services

1616 Victory Blvd Ste 205
Glendale, CA 91201
(818) 241-2200
www.acaciahealth.net

Action Health Care

3020 Old Ranch Pkwy Ste 308
Seal Beach, CA 90740
(562) 799-5523
www.action-health.com

AltaMed PACE – Anaheim

1325 N. Anaheim Blvd., Suite 100
Anaheim, CA 92801
(562) 373-1213
www.altamed.org/PACE

AltaMed PACE – Covina

535 S. 2nd Ave.
Covina, CA 91723
(323) 236-7347
www.altamed.org/PACE

AltaMed PACE – East Los Angeles

5425 East Pomona Blvd
Los Angeles, CA 90022
(323) 621-9826
www.altamed.org/PACE

AltaMed PACE – El Monte

10418 Valley Blvd., Suite A
El Monte, CA 91731
(323) 244-6331
www.altamed.org/PACE

AltaMed PACE – Grand Plaza

701 W. Cesar Estrada Chavez Ave., Suite 201
Los Angeles, CA 90012
(323) 509-6685
www.altamed.org/PACE

AltaMed PACE – Huntington Park

1900 Slauson Ave., Suite B
Huntington Park, CA 90255
(323) 675-8164
www.altamed.org/PACE

AltaMed PACE – Long Beach

1500 Hughes Way, Suite C150
 Long Beach, CA 90810
 (323) 695-6979
www.altamed.org/PACE

AltaMed PACE – Lynwood

3820 Martin Luther King Jr. Blvd
 Lynwood, CA 90262
 (323) 437-8251
www.altamed.org/PACE

AltaMed PACE – Norwalk

11541 Rosecrans Ave.
 Norwalk, CA 90650
 (323) 516-3029
www.altamed.org/PACE

AltaMed PACE – Santa Ana

3601 W. Sunflower Avenue, Suite 100
 Santa Ana, CA 92704
 (323) 346-4602
www.altamed.org/PACE

AltaMed PACE – South Los Angeles

1776 E. Century Blvd.
 Los Angeles, CA 90002
 (323) 622-9158
www.altamed.org/PACE

American All Care Services

5150 Wilshire Blvd Ste 350
 Los Angeles, CA 90036
 (323) 388-3909
www.americanallcareservices.com

American United Home Care

13111 Ventura Blvd Ste 200
 Studio City, CA 91604
www.americanunitedhomecare.com

Aspen Healthcare

3480 Washington Pkwy
 Idaho Falls, ID 83404
 (208) 529-0800
www.aspenhealthcare.net

Brandman Centers for Senior Care

12860 Crossroads Pkwy S
 La Puente, CA 91746
 (562) 908-8501
www.brandmanseniorcare.org

Buena Vista Construction

444 Airport Blvd Ste 209
 Watsonville, CA 95076
 (831) 761-2314
www.buonavistahhh.com

Cabrillo Hospice

32332 Camino Capistrano Ste 201
 San Juan Capistrano, CA 92675
 (858) 345-3267
www.cabrillohospice.com

Care Availability

PO Box 820067
 Portland, OR 97282
 (503) 308-8545
www.careavailability.com

Care Homecare

1156 N Gardner St
 West Hollywood, CA 90046
 (323) 851-1422
www.carehomecare.com

Care Podz

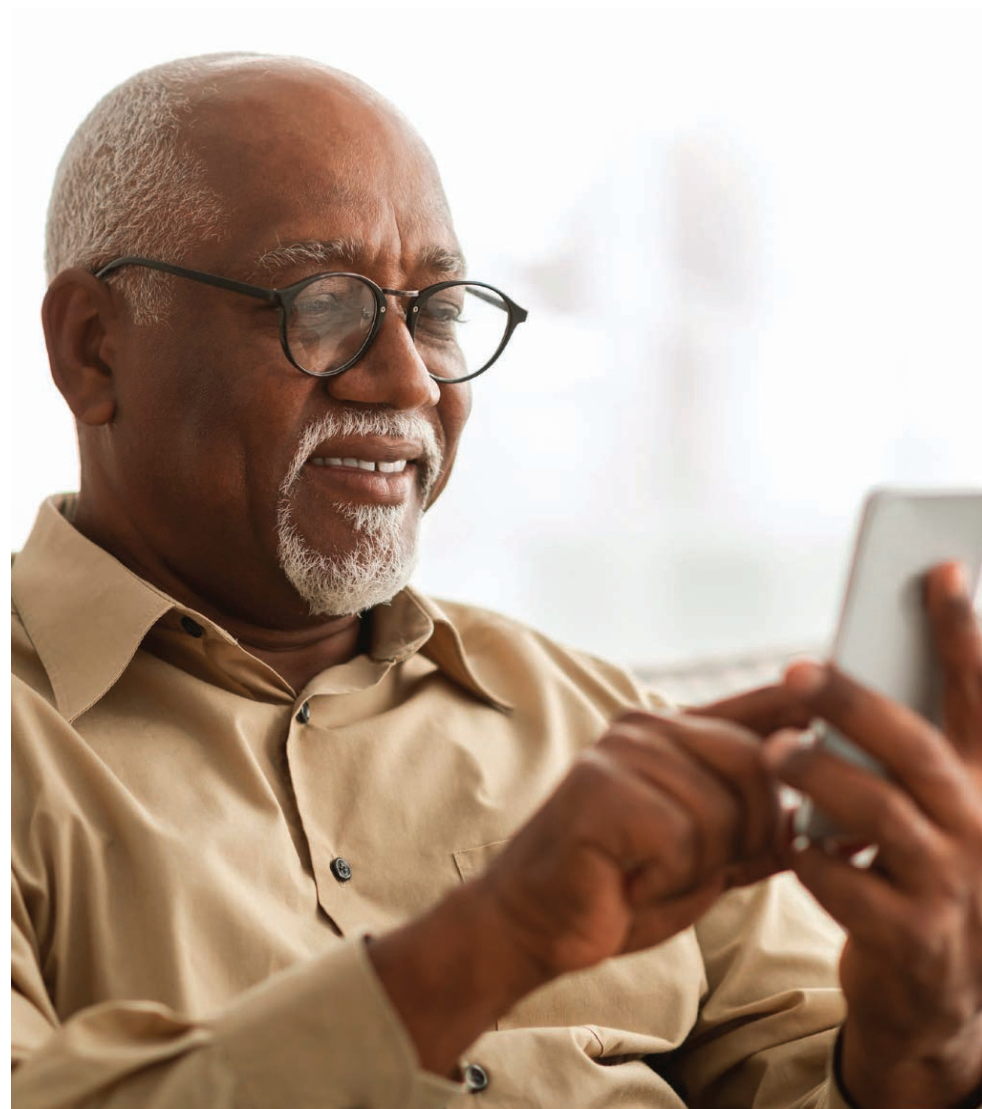
701 E Santa Clara St Ste 15
 Ventura, CA 93001
www.carepodz.com

Care To Stay Home

640 N Tustin Ave Ste 201
 Santa Ana, CA 92705
 (509) 340-1359
www.caretostayhome.com

CareConnectMD

3090 Bristol St Ste 200
 Costa Mesa, CA 92626
 (714) 992-1182
www.careconnectmd.com



“I didn’t know what I needed, but together we figured it out.”

If you’re living with Alzheimer’s or dementia, or care about someone who has been diagnosed, we’re only a phone call away. The Alzheimer’s Association® 24/7 Helpline is staffed with experts who provide free, confidential information and support that’s proven to help. It doesn’t need to be a crisis: We’re here whenever you want to talk.

One call can make a difference.
24/7 Helpline: 800.272.3900



Home Care Services

CenterWell Home Health

3350 Riverwood Pkwy SE Ste 1400
Atlanta, GA 30339
(833) 453-1107
www.centerwellhomehealth.com

Choice Health Group

6222 Wilshire Blvd Ste 240
Los Angeles, CA 90048
(323) 965-2760
www.choicehealthcaregroup.com

Divine Care Home Health Services

1985 Yosemite Ave Ste 250
Simi Valley, CA 93063
(805) 578-9481
www.divinecarehealth.com

Doctor's Choice Agency

6222 Wilshire Blvd Ste 515
Los Angeles, CA 90048
(310) 383-6051
www.thedoctorschoiceagency.com

Easy Living Home Care

23547 Moulton Pkwy Suite 200B
Laguna Hills, CA 92653
(949) 842-6831
www.homecare4ca.com/

Elevate Home Health

27071 Aliso Creek Rd Ste 100
Aliso Viejo, CA 92656
(800) 880-1405
www.elevatehomehealth.com

Elite

630 W Huntington Dr Unit 224
Arcadia, CA 91007
www.elitehomecareservices.co

Everloving Home Health

6930 Owensmouth Ave Ste 300
Canoga Park, CA 91303
(818) 564-4719
www.everlovinghomehealth.com

Excell Home Care

14025 Paramount Blvd
Paramount, CA 90723
(562) 988-3370
www.excellhomecare.com

Golden Odyssey Care

420 N Mckinley St Ste 111-601
Corona, CA 92879
(714) 357-2698
www.goldenodysseycare.com

Green Valley Home Health Services

19031 Us Hwy 18 Ste 180
Apple Valley, CA 92308
(760) 242-7009
www.greenvalleyhhs.com

Haven Health

2895 Temple Ave Ste B
Signal Hill, CA 90755
(562) 426-7500 ext. 211
www.havenhealth.org

Innovative Integrated Health

1200 Newport Center Dr Ste 230
Newport Beach, CA 92660
(559) 400-6420
www.innovativeih.com

Livewell Private Care

5855 Green Valley Cir Ste 206
Culver City, CA 90230
(323) 325-1077
www.livewellprivatecare.com

Livingston Memorial VNA

1996 Eastman Ave Ste 101
Ventura, CA 93003
(805) 642-0239 ext. 603
www.lmvna.org

Luxe Homecare

881 Alma Real Dr Ste 316A
Pacific Palisades, CA 90272
(310) 454-5500
www.luxehomecare.com



CARE. COMMUNITY. CONNECTION.

Heritage Pointe seniors enjoy an active lifestyle in the company of friends. With resident feedback, they inspire our programming and calendar of activities.

ASSISTED LIVING + MEMORY CARE

Memory Care provides residents living with Alzheimer's disease and related dementias with 24/7 care in a safe and secure setting.

HERITAGE POINTE

Seniors Living in the Jewish Tradition
27356 Bellogente, Mission Viejo
www.HeritagePointe.org



CANCER SUPPORT COMMUNITY GREATER SAN GABRIEL VALLEY

Do you know someone with cancer?

Free

 Programs for **ANYONE** impacted by cancer:

-  Support
-  Education
-  Activities
-  Classes
-  Resources



...so that no one faces cancer alone.

CANCERSUPPORTSGV.ORG | 626.796.1083 | INFO@CANCERSUPPORTSGV.ORG
331 W. SIERRA MADRE BLVD. | SIERRA MADRE, CA 91024

SIGN UP FOR

The Compost

A newsletter filled with fresh organic content

Dig this: "The Compost," a new weekly newsletter from Southern California News Group is now available.

Written and curated by environment beat reporter Brooke Staggs, this timely, in-depth report is loaded with stories, facts and photos covering everything from water, energy and wildlife to climate change and more.

Keep up-to-date on the environment.

Sign up for "The Compost" today at

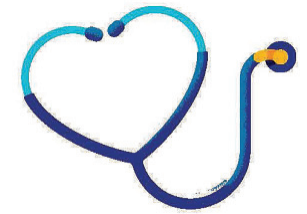
scng.com/newsletters*

**No cost or obligation. Cancel anytime.*



Los Angeles Daily News ■ The Orange County Register ■ The Press-Enterprise ■ Press-Telegram (Long Beach)
Daily Breeze (Torrance) ■ Pasadena Star-News ■ San Gabriel Valley Tribune ■ Whittier Daily News
Inland Valley Daily Bulletin ■ The Sun (San Bernardino) ■ The Facts (Redlands)

When it comes to Medicare, you have many choices



Plans are designed for all styles, stages and ages of Medicare. Take advantage of your chance to take a second look at your 2024 coverage to make sure your plan has benefits designed to fit your lifestyle and your budget.

Meet with a local licensed sales agent and get answers to your Medicare questions.

Get to know Medicare on your schedule

Stop by during the times listed to get answers to your questions from a local licensed sales agent

CHINO

2/26, 3/4 @ 9AM - 12PM
2/27, 3/5 @ 11AM - 2PM
Walgreens
12490 Central Ave.

CHINO

4/8, 4/15 @ 11AM - 1PM
4/5 @ 4PM - 6PM
PrimeCare
5562 Philadelphia St, Ste. 101

CITY OF INDUSTRY

3/22, 4/19
1:30 PM - 2:30 PM
Marie Callender's
1560 Albatross Rd.

FULLERTON

2/28, 3/27, 4/24
10:00 AM - 11:00 AM
Tous Les Jours
1993 W. Malvern Ave, Ste. A

HACIENDA HEIGHTS

2/27, 3/28
9:00 AM - 11:00 AM
PIH Health
1850 S. Azusa Ave.

IRVINE

2/29, 3/28, 4/25
10:00 AM - 11:00 AM
Paris Baguette
14450 Culver Dr, C-D

LA HABRA

2/26, 3/25, 4/22
10:30 AM - 11:30 AM
Black Bear Diner
1000 S. Beach Blvd.

RANCHO SANTA MARGARITA

2/26, 2/29, 3/1, 3/4, 3/7
9:00 AM - 1:00 PM
Walgreens
30592 Santa Margarita Pkwy.

YORBRA LINDA

2/27, 3/26, 4/23
10:00 AM - 11:00 AM
Polly's Pies
18132 Imperial Hwy.

Get more of what matters

Call us today to see if you're eligible to enroll in a Medicare Advantage plan.

ICFM Insurance Services

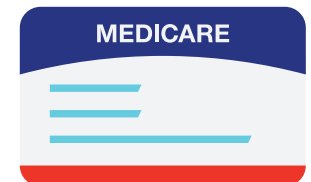
Licensed Sales Agents

(833) 889-1688, TTY 711,

CA Insurance License # 0M59547

www.icfminsurance.com

MEDICARE



For accommodations of persons with special needs at meetings call (833) 889-1688, TTY 711.

Home Care Services

MedZed

1100 Spring St NW Ste 350
Atlanta, GA 30309
(404) 994-5866
www.mymedzed.com

Moms Home Care

8600 W 3rd St Ste 3
Los Angeles, CA 90048
(323) 244-4789 ext. 107
www.momshomecare.com

Newport Home Care

1300 N Bristol St Ste 150
Newport Beach, CA 92660
(949) 514-8303
www.newportcare.com

Palmeira Home Health

34 Executive Park Ste 220
Irvine, CA 92614
(714) 406-2025
www.palmhh.com

Post-Acute Care Partners

47 Highland Vw
Irvine, CA 92603
www.carepartners.us

Rose's Agency Home Care

585 S Fairfax Ave
Los Angeles, CA 90036
(323) 937-3169
www.rosesagencyhomecare.com

Royal Majesty Home Care

3939 Atlantic Ave Ste 216
Long Beach, CA 90807
(562) 492-9600
www.royalmajestyhomecare.com

Senior Care

990 Linden Dr Ste 201
Santa Clara, CA 95050
(408) 298-0663
www.1plus1cares.com

Seniors Helping Seniors Huntington Beach

17011 Beach Blvd. Suite 900
Huntington Beach, CA 92647
(714) 265-7571
www.SHSHuntingtonBeach.com
Our mission is "Making a difference in people's lives". Grounded on the cornerstone of caring, our senior community is matched with compassionate senior caregivers serving with a helping hand and smile.

Skirball Hospice

6345 Balboa Boulevard, Suite # 315
Encino, CA 91316
(877) 774-3040
Skirballhospice.org

Team Select Home Care

2999 N 44th St Ste 100
Phoenix, AZ 85018
(949) 707-5023
www.tshc.com

Tender Hearts HomeCare

3436 N Verdugo Rd Ste 250
Glendale, CA 91208
(818) 248-4278
www.tenderheartshome.com

Tender Home Health

10117 Sepulveda Blvd Ste 205A
Mission Hills, CA 91345
(818) 894-8974
www.tenderhomehealth.com

Other Housing Resources

AMPAC USA

5255 State St 5265
Montclair, CA 91763
(909) 548-4900
www.ampac1.com

California MENTOR East Los Angeles/ Whitter

1000 South Fremont Ave, BLDG A-8,
Suite 8004
Alhambra, CA 91803
(626) 569-8606
Mentorswanted.com

California MENTOR Orange County

12397 Lewis Street, Suite 101
Garden Grove, CA 92840
(714) 971-0213 ext. 200
Mentorswanted.com

California MENTOR San Gabriel Valley/ Pomona

801 W. San Bernardino Rd
Covina, CA 91722
(626) 541-0207
Mentorswanted.com
Make a difference for an adult with developmental disabilities and help them thrive. Open your home and heart by becoming a Mentor today.

California MENTOR West LA/ Long Beach

879 West 190th Street
Gardena, CA 90248
(310) 817-4445 ext. 205
MentorsWanted.com

Carter Services

2807 Oregon Ct Ste F3
Torrance, CA 90503
(310) 618-2600
www.carterservices.com

Council on Aging - Southern California Orange County Long-Term Care Ombudsman Program

2 Executive Circle, Suite 175
Irvine, CA 92614
(800) 300-6222
www.coasc.org/ombudsman/

Council on Aging - Southern California Riverside County Long-Term Care Ombudsman Program

2280 Market Street, Suite 140
Riverside, CA 92501
(833) 772-6624
www.coasc.org/programs/riverside-county-ombudsman/

Doberman Security Products

3002 Dow Ave Ste 408
Tustin, CA 92780
(714) 730-9988
www.dobermanproducts.com

EcoTech Services

2143 S Myrtle Ave
Monrovia, CA 91016
(626) 788-5651
www.ecotechservices.net

Gates Security

1534 N Moorpark Rd 353
Thousand Oaks, CA 91360
(310) 454-0527
www.gatessecurity.com

Glabman Technology Solutions

4001 W Segerstrom Ave
Santa Ana, CA 92704
(714) 545-5505
www.glabman.com

Golden West Security

unit 5 / 29 Hurrell Way
Garden Island, Western Australia 6168
(818) 897-1726
www.goldenwestsecurity.com.au

Hevi Lite

9714 Variel Ave
Chatsworth, CA 91311
(818) 341-8091 ext. 1001
www.hevilite.com

Kingsley Manor

1055 N. Kingsley Drive
Los Angeles, CA 90029
(323) 661-1128
kingsleymanor.org

Latch

1220 N Price Rd
St. Louis, MO 63132
(917) 338-3915
www.latch.com

Our News Isn't Just Local.

It's Personal.



May 21, 2019, The Press-Telegram.
Photo by Brittany Murray, Press-Telegram/SCNG.



May 18, 2021, The Orange County Register.
Photo by Leonard Ortiz, Orange County Register/SCNG.



May 28, 2022, Los Angeles Daily News.
Photo by Trevor Stamp, Los Angeles Daily News/SCNG.

From natural disasters to sports triumphs, birth announcements to obituaries,
local news has always been a matter of life and death, joy and tragedy.

We'll keep reporting the news that affects you in a personal way — accurately
and objectively. Because if it's happening in your backyard, it's a big story to us.



Los Angeles Daily News ■ The Orange County Register ■ The Press-Enterprise ■ Press-Telegram (Long Beach)
Daily Breeze (Torrance) ■ Pasadena Star-News ■ San Gabriel Valley Tribune ■ Whittier Daily News
Inland Valley Daily Bulletin ■ The Sun (San Bernardino) ■ The Facts (Redlands)

Other Housing Resources

Mold Zero

1000 Cleveland St
Clearwater, FL 33755
(727) 900-7202
www.moldzero.com

Mul-T-Lock

Mul-t-lock Park PO Box 637
Yavne, Central District 8110601
+972 89424600
www.mul-t-lock.com

Mutual of Omaha Reverse Mortgage

6430 Oak Canyon, Suite 100
Irvine, CA 92618
(949) 779-0538
www.mutualseminar.com

NMC

25341 Commercentre Dr Ste 100
Lake Forest, CA 92630
(949) 215-8806
www.nmccentral.com

Polo International

1001 NW 62nd St Ste 116
Fort Lauderdale, FL 33309
(310) 494-6332
www.polo14.com

Reolink

311 E Valley Blvd Ste 112
San Gabriel, CA 91776
www.reolink.com

SolarInsure

555 Anton Blvd Ste 150
Costa Mesa, CA 92626
(714) 625-8204
www.solarinsure.com

Solutions Group International

1635 Spruce St
Riverside, CA 92507
(951) 405-7374
www.solutionsgroupinternational.com

Transition Connections

PO Box 6186
Wyomissing, PA 19610
www.transitionconnections.com

Other In-Home Support Resources

Allied Restoration

20 Galli Dr Ste 16
Novato, CA 94949
(909) 378-2870
www.alliedrestore.com

ConnectTo Communications

555 Riverdale Dr Ste A
Glendale, CA 91204
(818) 546-4602
www.connectto.com

HF Healthcare

411 Lombard St Ste B
Oxnard, CA 93030
(805) 981-1171
www.hfhealthcare.com

Parentis Health Hospice

24012 Calle De La Plata, Ste. 400
Laguna Hills, CA 92653
(949) 305-2716
parentishealth.com/hospice/

Parentis Health Hospice

24012 Calle De La Plata, Ste. 400
Laguna Hills, CA 92653
(949) 305-2716
www.parentishealth.com

SuperCare Health

8345 Firestone Blvd Ste 210
Downey, CA 90241
(888) 260-2550
www.supercarehealth.com

Senior Living Options

Arrow Senior Living

3333 Rue Royale St Ste 9
Saint Charles, MO 63301
(800) 983-8876
www.arrowseniorliving.com

Atherton

214 S. Atlantic Blvd
Alhambra, CA 91801
(626) 289-4178
www.abh.org/

Claremont Manor

650 Harrison Ave
Claremont, CA 91711
(909) 626-1227
claremontmanor.org

Crown Cove

3901 East Coast Highway
Corona del Mar, CA 92625
(949) 760-2800
www.watermarkcommunities.com/our-com-
munities/california/corona-del-mar/crown-
cove/

Edenwald

800 Southerly Rd 826
Towson, MD 21286
(410) 339-6000
www.edenwald.org

Foothill Retirement

6720 Saint Estaban St
Tujunga, CA 91042
(818) 353-3350
www.foothillretirement.net

Fountainview at Eisenberg Village

6440 Wilbur Ave
Reseda, CA 91335
(818) 654-5500
Fountainview.com

Fountainview at Gonda Westside

12490 Fielding Cir
Los Angeles, CA 90094
(424) 216-7788
Fountainview.com

Glen Park Senior Living

2315 Kuehner Dr Ste 108
Simi Valley, CA 93063
www.glenparkseniorliving.com

Hacienda Mission San Luis Ray

4050 Mission Ave
Oceanside, CA 92057
(760) 615-0870
www.watermarkcommunities.com/our-com-
munities/california/oceanside/the-hacien-
da-mission-san-luis-rey/

Heritage Pointe

27356 Bellogente
Mission Viejo, CA 92691
(949) 364-9685
www.HeritagePointe.org

Kingsley Manor

1055 N. Kingsley Drive
Los Angeles, CA 90029
(323) 661-1128
kingsleymanor.org

“I’m at an age where
my back goes out
more than I do.”

Phyllis Diller



USE THE MODERN REVERSE MORTGAGE TO:

- Pay for in home care
- Eliminate your largest monthly expense, your monthly mortgage payment*
- Tax-free funds for what ever you need**
- Home improvement
- Pay off credit card or medical debt
- Create a growing tax-free line of credit**

Finally, the information you need from a name you know and trust, Mutual of Omaha is the #1 rated reverse mortgage provider in the country.

For your Free Guide and answers to your questions:

Call: 949-779-0538 or visit www.mutualseminar.com



*Borrower must occupy home as primary residence and remain current on property taxes, homeowner's insurance, the costs of home maintenance, and any HOA fees. **Please consult a tax advisor. Mutual of Omaha Mortgage, Inc. dba Mutual of Omaha Reverse Mortgage, NMLS ID 1025894. AZ Mortgage Banker License 0926603. Licensed by the Department of Financial Protection & Innovation under the CA Residential Mortgage Lending Act, License 4131356. ID Mortgage Broker/Lender License MBL-2081025894. OR Mortgage Lending License ML- 5208. WA Consumer Loan Company License CL-1025894. These materials are not from, or approved by HUD or FHA. Subject to credit approval. [#1287121688](http://www.nmlsconsumeraccess.org) Equal Housing Lender



GIVE US A CALL!
949-713-1400

Everything You Need to **AGE WELL** in Your **OWN HOME.**



Shop With Us: www.Senior.com & Get **10% OFF** YOUR ORDER
Use Coupon Code: "**SENIORCARE10**"

Self-Fitting Dentures at a Fraction of the Cost!

At-Home, Self-Fitting Dentures Ready in as little as **5 MINUTES!**

Find a custom smile with nothing more than hot water, and save hundreds of dollars and multiple visits to the dentist at the same time!

FREE 2 DAY SHIPPING! 

For Denture Assistance, Call **949-713-1400**

GET YOUR SMILE BACK!

25\$ OFF ANY DENTURE ORDER



Use Coupon Code: "**SMILE25**" @ Checkout

Want to Learn More About Our Dentures?
Check Out Our Videos at Senior.com/dentures:



Local to SoCal? **STOP BY OUR RETAIL STORE!**

Senior Mart
MEDICAL SUPPLIES

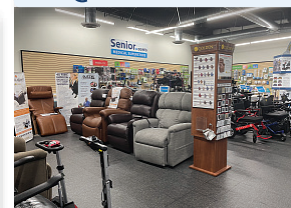
15791 Rockfield Blvd. Suite E
Irvine, CA 92618

949-340-9100

Open 5 Days a Week

Mon-Fri | 8AM-5PM

10,000+ Products
@ this location



15% OFF

Your Next Purchase
@ Senior Mart

In-Store Only
(some exclusions may apply)

Senior Living Options

Melrose Gardens

960 N Martel Ave
Los Angeles, CA 90046
(323) 876-1746 ext. 113
www.melrosegardens.com

Morningside

800 Morningside Dr
Fullerton, CA 92835
(415) 580-6341
www.morningsideoffullerton.com

MorningStar Senior Living of Mission Viejo

28570 Marguerite Pkwy
Mission Viejo, CA 92692
(844) 312-3853
MorningStarSeniorLiving.com

New Vista Health Services

4250 Pennsylvania Ave Ste 107
La Crescenta, CA 91214
(310) 477-5501
www.newvista.us

North Pointe Gardens

3777 Parker Blvd
Pueblo, CO 81008
(719) 545-6222
www.accoladelivingcenters.com

Park Vista

2525 Brea Blvd
Fullerton, CA 92835
(714) 256-8116
www.parkvista.net

Pilgrim Place

625 Mayflower Road
Claremont, CA 91711
(909) 399-5500
www.pilgrimplace.org
We foster an environment where residents age with respect and dignity. Persons of all backgrounds that have served social and humanitarian causes are welcome!

Raincross at Riverside

5232 Central Avenue
Riverside, CA 92504
(951) 785-1200
www.watermarkcommunities.com/our-communities/california/riverside/raincross-at-riverside/

Rowntree Gardens

12151 Dale Street
Stanton, CA 90680
(714) 530-9100
rowntreegardens.org/

Senior Resource Group

500 Stevens Ave Ste 100
Solana Beach, CA 92075
(858) 792-9300
www.srgseniorliving.com

Sisters of Nazareth

2121 N 1st St
Fresno, CA 93703
(559) 237-2257
www.sistersofnazareth.com

Solheim Lutheran Home

2236 Merton Ave 0
Los Angeles, CA 90041
(323) 257-7518
www.solheimsenior.org

The British Home in California, Ltd.

647 Manzanita Ave.
Sierra Madre, CA 91024
(626) 355-7240
britishhome-ca.us/

The Kensington Redondo Beach

801 S Pacific Coast Hwy
Redondo Beach, CA 90277
(424) 241-2064
www.thekensingtonredondobeach.com



show me the SAVINGS!

Are you wasting money on your Medicare supplement plan?

We regularly save people \$1000/yr. while staying on a Medicare supplement plan.

We do not offer every plan available in your area. Any information we provide is limited to those plans we do offer in your area. Please contact Medicare.gov or 1-800-MEDICARE to get information on all of your options.

PAUL DAVIS CA LICENSE #0M47932
Call us at 818-888-0880 or go to pdinsure.com

Voted "Best Insurance Agent"
for 22 years by readers of the *Daily News* 2002-2023!



Care, for life

Personalized senior care, close to home

Primary and specialty care locations conveniently located throughout Los Angeles

DTLA | San Fernando Valley | San Gabriel Valley | South Bay & Torrance

Scan, call **310-825-2631** or visit uclahealth.org/locations to learn more

UCLA Health

The Variel of Woodland Hills

6233 Variel Ave.
Woodland Hills, CA 91367
(818) 302-7004
TheVariel.com

For seniors and their loved ones, The Variel offers assisted living with continuity of care, concierge services, delicious meals, tech-enabled activities and so much MORE.

The Watermark at Beverly Hills

220 N. Clark Drive
Beverly Hills, CA 90211
(310) 860-9234
www.watermarkcommunities.com/our-communities/california/beverly-hills/the-watermark-at-beverly-hills/

The Watermark at Westwood Village

947 Tiverton Avenue
Los Angeles, CA 90024
(310) 208-4590
www.watermarkcommunities.com/our-communities/california/los-angeles/the-watermark-at-westwood-village/

Town & Country

555 E Memory Lane
Santa Ana, CA 92706
(714) 547-7581
TCmanor.com

Villa Gardens

842 E. Villa Street
Pasadena, CA 91101
(626) 463-5300
summerhouseatvg.org

Villa Scalabrini

10631 Vinedale Street
Sun Valley, CA 91352
(818) 768-6500
villascalabrini.com/

Vista Del Mar Senior Living

3360 Magnolia Ave
Long Beach, CA 90806
(562) 595-1559
www.vistadelmarsenior.com

Walnut Village

891 S. Walnut Street
Anaheim, CA 92802
(714) 507-7005
walnutvillage.org

Whittier Place Senior Living

12315 Burgess Avenue
Whittier, CA 90604
(562) 777-1477
www.watermarkcommunities.com/our-communities/california/whittier/whittier-place/

Woodland Care Center

310 4th St
Woodland, WA 98674
(360) 225-9443
www.woodlandcarecenter.com



FINANCIAL SECURITY AND LEGAL PLANNING

Elder Law Attorneys

Keystone Law Group

11300 W Olympic Blvd Ste 910
Los Angeles, CA 90064
(310) 444-9060
www.keystone-law.com

Sweet James

4220 Von Karman Ave Ste 200
Newport Beach, CA 92660
(480) 801-7891
www.sweetjames.com

Financial Planning

1st Century Bank

1875 Century Park E Ste 1400
Los Angeles, CA 90067
www.1cbank.com

ACG Funding

17590 Colima Rd
Rowland Heights, CA 91748
(626) 712-9092
www.gfunding.com

Ares Financial Consulting

14140 Magnolia Blvd
Sherman Oaks, CA 91423
www.aresfinancialconsulting.com

Augusta Precious Metals

8484 Wilshire Blvd Ste 515
Beverly Hills, CA 90211
(800) 700-1008
www.augustapreciousmetals.com

Bank Loan Depot

22792 Centre Dr Ste 104
Lake Forest, CA 92630
(949) 734-7311 ext. 121
www.bankloandepot.com

Benefit Financial Services Group

2040 Main St Ste 720
Irvine, CA 92614
(949) 955-5782
www.bfsg.com

Bluepoint Mortgage

3070 Bristol St Ste 400
Costa Mesa, CA 92626
(949) 771-0000
www.bluepointmtg.com

“The longer I live,
the more beautiful
life becomes.”

Frank Lloyd Wright

Financial Planning

Calderon Settlements Group

155 N Riverview Dr 177
Anaheim, CA 92808
(714) 619-9366
www.irenecalderon.com

California Educators

21550 Oxnard St Ste 490
Woodland Hills, CA 91367
(818) 206-1163
www.caeducators.com

Ced Insurance Financial Services

3175 Sedona Ct Ste E
Ontario, CA 91764
+254 799 010500
www.spectrumlegacy.com

CIG Financial

6 Executive Cir Ste 100
Irvine, CA 92614
(949) 250-7102
www.cigfinancial.com

CommerceWest Bank

2445 Mccabe Way Ste 300
Irvine, CA 92614
(949) 251-6959
www.cwbk.com

Cpa Moms

2372 Morse Ave
Irvine, CA 92614
(858) 486-9206
www.cpa-moms.com

Dedicated Defined Benefit Services

550 N Brand Blvd Ste 1610
Glendale, CA 91203
(818) 630-7109
www.dedicated-db.com

Delight Funding

300 Spectrum Center Dr Ste 970
Irvine, CA 92618
www.delightfunding.com

Mobile Notary

N/A, CA N/A
(323) 816-2002
www.endorseyourdocs.com

Energy Loan Network

4115 Guardian St Ste E
Simi Valley, CA 93063
(925) 474-4571
www.energyloannetwork.com

Executive Benefit Programs

712 N Diamond Bar Blvd Ste A
Diamond Bar, CA 91765
www.ebnet.com

Farmers Insurance Group Federal Credit Union

PO Box 36911
Los Angeles, CA 90036
(323) 209-6001
www.figfcu.org

First Financial Credit Union

PO Box 90
West Covina, CA 91793
(626) 315-7716
www.firstfcu.org

Friendly Hills Bank

16011 Whittier Blvd
Whittier, CA 90603
(562) 947-3640
www.friendlyhillsbank.com

Genesis Capital

15303 Ventura Blvd Ste 700
Sherman Oaks, CA 91403
www.genescapital.com

Griffin Capital

1520 E Grand Ave
El Segundo, CA 90245
(310) 469-6104
www.griffincapital.com

Holmes & Associates

400 Oceangate Ste 1100
Long Beach, CA 90802
(562) 495-3331
www.holmescpa.com

Honda Federal Credit Union

19701 Hamilton Ave Ste 130
Torrance, CA 90502
www.hondafcu.org

Hutchinson & Bloodgood

550 N Brand Blvd Fl 14
Glendale, CA 91203
(760) 352-1021
www.hblp.com

Infinity Bank

6 Hutton Centre Dr Ste 100
Santa Ana, CA 92707
(657) 304-2365
www.goinfinitybank.com

Investors Trust

1413 Foothill Blvd Ste C
La Verne, CA 91750
(786) 363-1822
www.investors-trust.com

Ivanoff Advisors

5252 Orange Ave Ste 107
Cypress, CA 90630
(714) 348-8193
www.ivanoffadvisors.com

JDH Accounting

1849 Sawtelle Blvd Ste 630
Los Angeles, CA 90025
(323) 900-0361
www.jdhaccounting.com

Latin American Financial

134 N Glendale Ave
Glendale, CA 91206
(787) 774-0332
www.lafinancialpr.com

Legacy Full Circle Financial & Insurance Services

903 N Grand Ave
Covina, CA 91724
(626) 214-3013
www.legacyfullcircle.com

Long Beach Firemen's Credit Union

2245 Argonne Ave
Long Beach, CA 90815
www.lbfcu.org

Long Beach Home Loan

5150 E Pacific Coast Hwy Ste 200
Long Beach, CA 90804
www.lbhlc.com

Lument

18300 Von Karman Ave Ste 600
Irvine, CA 92612
(212) 588-2182
www.lument.com

Main Street Advisors

3110 Main St Ste 310
Santa Monica, CA 90405
(310) 778-2200
www.mainstreetadvisors.com

Mission Loans

19500 Jamboree Rd Ste 300
Irvine, CA 92612
(855) 959-4500
www.missionloans.com

Mortgage Capital Partners

12400 Wilshire Blvd Ste 900
Los Angeles, CA
(310) 295-6240
www.mortgagecapitalpartners.com

Mullen Finance Plan

13672 Goldenwest St Ste H
Westminster, CA 92683
(714) 973-2829
www.mullenfinance.com

NWF Advisory Services

23602 Shirleen Ct
Laguna Niguel, CA 92677
(949) 903-2404
www.nwfadvisory.com

OC Financial and Insurance Agency

135 South State College Blvd
Brea, CA 92821
(714) 363-1694
ocfinancialandinsurance.com

Ontario-Montclair School Employees Federal Credit Union

1520 N Palmetto Ave
Ontario, CA 91762
(909) 983-1959 ext. 205
www.omsefcu.org

Oxford Gold Group

9100 Wilshire Blvd Ste 800E
Beverly Hills, CA 90212
(760) 431-5440
www.oxfordgoldgroup.com

Ozimira

17777 Center Court Dr N Ste 600
Cerritos, CA 90703
(866) 600-0011
www.ozimiracapital.com

Pacific Lending

4141 Inland Empire Blvd Ste 160
Ontario, CA 91764
(866) 431-4328
www.paclending.com

Pam & Carson Real Estate Group

7965 Vineyard Ave. Suite F5
Rancho Cucamonga, CA 91730
(909) 636-2744
pamandcarsonrealestate.com/

Partners Bank of California

27201 Puerta Real Ste 160
Mission Viejo, CA 92691
(949) 732-4064
www.pbofca.com

Payday Loans

355 S Grand Ave Ste 4220
Los Angeles, CA 90071
www.payday-loans.org

PLTFRM Finance

1999 Avenue of the Stars Ste 1100
Los Angeles, CA 90067
(310) 256-3151
www.pltfrmfinance.com

Premia Relocation Mortgage

555 Anton Blvd Fl 3
Costa Mesa, CA 92626
www.premiarelocationmortgage.com

PrimaHealth Credit

20062 SW Birch St Ste 220
Newport Beach, CA 92660
(949) 535-2959
www.primahealthcredit.com

Red Rock Secured

400 Continental Blvd Ste 200
El Segundo, CA 90245
(844) 824-5051
www.redrocksecured.com

Residential Mortgage Solution

11150 W Olympic Blvd Ste 600
Los Angeles, CA 90064
(310) 450-7013
www.residentialms.com

Retirement Plan Advisory Group

120 Vantis Dr Ste 400
Aliso Viejo, CA 92656
www.rpag.com

Retirement Plan Consultants

7647 N Fresno St Ste 102
Fresno, CA 93720
www.rpcfresno.com

Sagaz

3476 Whittier Blvd Ste 106
Los Angeles, CA 90023
(323) 980-8611
www.sagazpro.com

SBS Trust Deed Network

31194 La Baya Dr Ste 106
Westlake Village, CA 91362
(818) 991-4600 ext. 208
www.sbstrustdeed.com

Schools Federal Credit Union

20101 Hamilton Ave Ste 150
Torrance, CA 90502
(818) 846-1710 ext. 312
www.schoolsfcu.org

Taylor Insurance

1199 E Walnut St Ste 101
Pasadena, CA 91106
(626) 356-7668
www.taylorinsfin.com

Ten Thirty One Productions

13701 Riverside Dr Ste 400
Sherman Oaks, CA 91423
(845) 883-5306
www.tenthirtyonellc.com

The Limpert Group

23046 Avenida De La Carlota Ste 600
Laguna Hills, CA 92653
(949) 600-8880
www.limpertgroup.com

Tina L. Virgen, CPA

1508 Barton Rd #295
Redlands, CA 92373
(909) 748-0050
tina@virgencpa.com

Transpacific Financial

185 W Chestnut Ave
Monrovia, CA 91016
(888) 831-8868
www.transpacificagency.com

VIA Auto Finance

6 Venture Ste 295
Irvine, CA 92618
(877) 784-2288
www.viaautofinance.com

Vista Point Mortgage

1920 Main St Ste 200
Irvine, CA 92614
(949) 656-8240
www.vistapointmortgage.com

WestPark Capital

1600 Dove St Ste 200
Newport Beach, CA 92660
(561) 427-2424
www.wpcapital.com

Wilshire Financial & Insurance Services

4601 Wilshire Blvd Ste 212
Los Angeles, CA 90010
www.wil-fin.com

Insurance Options**Access VA Benefits**

2372 Morse Ave Ste 205
Irvine, CA 92614
www.accessvabenefits.com

“Age is just a number.
Life and aging are the
greatest gifts that we
could possibly ever have.”

Cicely Tyson

Insurance Options

Advantis Insurance Services

26522 La Alameda Ste 210
Mission Viejo, CA 92691
(949) 545-0222
www.advantisins.com

All in insurance services

1100 W Town and Country Rd Ste 1250
Orange, CA 92868
www.allininsurance.us

Alliance 360 Insurance Solutions

10833 Valley View St Ste 550
Cypress, CA 90630
(714) 947-1010 ext. 233
www.alliance360is.com

AltaMed PACE - Anaheim

1325 N. Anaheim Blvd., Suite 100
Anaheim, CA 92801
(562) 373-1213
www.altamed.org/PACE

AltaMed PACE - Covina

535 S. 2nd Ave.
Covina, CA 91723
(323) 236-7347
www.altamed.org/PACE

AltaMed PACE - East Los Angeles

5425 East Pomona Blvd.
Los Angeles, CA 90022
(323) 621-9826
www.altamed.org/PACE

AltaMed PACE - El Monte

10418 Valley Blvd., Suite A
El Monte, CA 91731
(323) 244-6331
www.altamed.org/PACE

AltaMed PACE - Grand Plaza

701 W. Cesar Estrada Chavez Ave., Suite 201
Los Angeles, CA 90012
(323) 509-6685
www.altamed.org/PACE

AltaMed PACE - Huntington Park

1900 Slauson Ave., Suite B
Huntington Park, CA 90255
(323) 675-8164
www.altamed.org/PACE

AltaMed PACE - Long Beach

1500 Hughes Way, Suite C150
Long Beach, CA 90810
(323) 695-6979
www.altamed.org/PACE

AltaMed PACE - Lynwood

3820 Martin Luther King Jr. Blvd
Lynwood, CA 90262
(323) 437-8251
www.altamed.org/PACE

AltaMed PACE - Norwalk

11541 Rosecrans Ave
Norwalk, CA 90650
(323) 516-3029
www.altamed.org/PACE

AltaMed PACE - Santa Ana

3601 W. Sunflower Avenue, Suite 100
Santa Ana, CA 92704
(323) 346-4602
www.altamed.org/PACE

AltaMed PACE - South Los Angeles

1776 E. Century Blvd.
Los Angeles, CA 90002
(323) 622-9158
www.altamed.org/PACE

ANA Insurance Brokerage

4082 Tweedy Blvd
South Gate, CA 90280
(323) 563-8809
www.anainsurance.com

Anderson & Murison

800 Colorado Blvd
Los Angeles, CA 90041
(203) 877-4581
www.andersonmurison.com

Annuity companies

14014 Nw Psge Apt 250
Marina del Rey, CA 90292
(225) 456-2827
www.annuity.com

Astiva Health

3200 Bristol St Ste 600
Costa Mesa, CA 92626
(949) 393-8839
www.astivahealth.com

Balboa Pacific

5020 Campus Dr
Newport Beach, CA 92660
(949) 207-3110
www.balboapacific.com

Berg Insurance Agency

1 Orchard Ste 230
Lake Forest, CA 92630
(949) 830-4590
www.berginsurance.com

Bob Gabriel

2325 Wilshire Blvd
Santa Monica, CA 90403
(310) 829-0305
www.bobgabrielinsurance.com

Breathe Easy Insurance Solutions

22932 El Toro Rd
Lake Forest, CA 92630
(949) 529-5062
www.breatheeasyins.com

Buckler Insurance Agency

1251 N Manassero St Ste 405A
Anaheim, CA 92807
www.buckleragency.com

California Choice

721 S Parker St Ste 200
Orange, CA 92868
(818) 842-0780
www.calchoice.com

ClaimQuest

675 Brea Canyon Rd Ste 4
Walnut, CA 91789
www.claimquest.com

Colibri Insurance Services

1751 Colorado Blvd 343
Los Angeles, CA 90041
www.colibriins.com

Conrey Insurance Brokers

2522 N Santiago Blvd
Orange, CA 92867
www.conreyinsurance.com

Council on Aging - Southern California Health Insurance Counseling & Advocacy Program (HICAP)

2280 Market Street, Suite 140
Riverside, CA 92501
(909) 256-8369
www.coasc.org/hicap

Council on Aging - Southern California Health Insurance Counseling & Advocacy Program (HICAP)

2 Executive Circle, Suite 175
Irvine, CA 92614
(714) 546-0424
www.coasc.org/hicap

Culver Insurance Services

23681 Birtcher Dr
Lake Forest, CA 92630
(800) 780-9395
www.culverinsurance.net

Dickerson Employee Benefits

1918 Riverside Dr
Los Angeles, CA 90039
(323) 662-7200
www.dickerson-group.com

Easy Health

9744 Wilshire Blvd Ste 305
Beverly Hills, CA 90212
(888) 591-2040
www.medicare10.com

Farm Bureau Health Plans

PO Box 25184
Santa Ana, CA 92799
(931) 560-0041
www.fbhp.com

General Insurance Services

629 Camino De Los Mares Ste 306
San Clemente, CA 92673
(219) 510-6205
www.gen-ins.com

Gold Coast Health Plan

711 E Daily Dr Ste 106
Camarillo, CA 93010
(805) 437-5514
www.goldcoasthealthplan.org

Gorst & Compass TM

9310 Topanga Canyon Blvd Ste 100
Chatsworth, CA 91311
(818) 507-0900 ext. 320
www.gorstcompass.com

H & S Insurance Services

887 Patriot Dr Ste D
Moorpark, CA 93021
(805) 574-7613
www.hs-insurance.com

Harbor West Insurance Agency

31877 Del Obispo St Ste 211
San Juan Capistrano, CA 92675
(949) 768-1188 ext. 102
www.harborwestinsurance.com

Healthinsurance.com

3030 S Bundy Dr
Los Angeles, CA 90066
(310) 737-9300
www.healthinsurance.com

ICFM Insurance

1370 Valley Vista Drive, Suite 200
Diamond Bar, CA 91765
(909) 610-9227
www.icfminsurance.com

Imperial Health Plan

PO Box 60874
Pasadena, CA 91106
(626) 838-5110
www.imperialhealthplan.com

Innovative Dealer Alliance

PO Box 14789
Long Beach, CA 90853
(844) 463-1618
www.innovativedealeralliance.com

Insurenex

14402 Haynes St Ste 103
Van Nuys, CA 91401
www.insurenex.com

Jaffe Insurance Agency

13160 Mindanao Way Ste 204
Marina del Rey, CA 90292
(310) 827-5050 ext. 117
www.jaffeinsurance.com

Kessler Alair Insurance Services

2335 W Foothill Blvd Ste 1
Upland, CA 91786
www.kessleralair.com

Landmark Healthplan of California

2629 Townsgate Rd Ste 235
Westlake Village, CA 91361
(916) 569-3361
www.lhp-ca.com

LeaseLock

480 Washington Blvd
Marina del Rey, CA 90292
www.leaseunlock.com

Life & Annuity Masters

980 Enchanted Way Ste 106
Simi Valley, CA 93065
(805) 583-2307 ext. 513
www.lifeandannuitymasters.com

LWT Agency

200 S Los Robles Ave Ste 435
Pasadena, CA 91101
(626) 304-1300 ext. 280
www.lwtagency.com

Marcom Insurance Brokers

401 Glenneyre St Ste B
Laguna Beach, CA 92651
www.marcominsurance.com

Medicare With A Smile

155 East C Street Suite B
Upland, CA 91786
(714) 501-1670
insurancebytammy.com/

Mills Insurance Services

11022 Winners Cir
Los Alamitos, CA 90720
(800) 299-1094
www.millsins.com

National Benefit Partners

23282 Mill Creek Dr Ste 215
Laguna Hills, CA 92653
(949) 305-4180
www.nationalbenefitpartners.com

NorthStar Life Services

15420 Laguna Canyon Rd Ste 260
Irvine, CA 92618
(949) 265-1690
www.northstarlife.com

OneCare (HMO D-SNP), a Medicare Medi-Cal Plan

505 City Parkway West
Orange, CA 92868
1(877) 412-2734
caloptima.org/OneCare
OneCare from CalOptima Health combines your Medicare and Medi-Cal coverage. The plan provides access to care coordinators and a network of over 7,000 doctors.

Patriot Risk & Insurance Services

2415 Campus Dr Ste 200
Irvine, CA 92612
www.patrisk.com

Paul Davis Insurance Services

17347 Napa Street
Sherwood Forest, CA 91325
(818) 888-0880
pdinsure.com
CA Licensed since 1984 0669770.
Independent Agent. Medicare Health Plan
Options Voted Best Insurance agent by
Readers of the Daily News for 22 years.

Petersen International Underwriters

23929 Valencia Blvd Fl 2
Valencia, CA 91355
(661) 254-0006
www.piu.org

Rabe Insurance Agency

21241 Ventura Blvd Ste 274
Woodland Hills, CA 91364
(818) 855-9594
www.rabeinsurance.com

Sameday Insurance Services

14241 Firestone Blvd Ste 120
La Mirada, CA 90638
(310) 644-8636
www.samedayinsurance.com

Spectrum Direct Insurance Services

15615 Alton Pkwy Ste 450
Irvine, CA 92618
www.spectrumdirect.com

StoneTapert

14 N Baldwin Ave
Sierra Madre, CA 91024
(818) 523-3775
www.pickmedicare.com

Supple-Merrill & Driscoll

550 El Dorado St
Pasadena, CA 91101
www.supple-merrill.com

Terpening Insurance Agency

22850 Crenshaw Blvd Ste 206
Torrance, CA 90505
(310) 517-1702
www.terpeninginsurance.com

The J Morey

800 S Harbor Blvd Ste 100
Anaheim, CA 92805
(714) 562-5910 ext. 105
www.jmoreyins.com

Tower Insurance Associates

4244 Overland Ave
Culver City, CA 90230
(310) 837-6101
www.tower90230.com

Tri County Insurance Services

19720 Ventura Blvd Ste G
Woodland Hills, CA 91364
(818) 883-1313
www.trinityinsurance.ws

Vision Plan Of America

3250 Wilshire Blvd Ste 1610
Los Angeles, CA 90010
www.visionplanofamerica.com

Insurance Options

Watermark Insurance Services

2659 Townsgate Rd Ste 103
Westlake Village, CA 91361
(805) 728-9145
www.watermarklife.com

Western Mutual Insurance Group

2172 Dupont Dr Ste 220
Irvine, CA 92612
(949) 724-9402
www.westernmutual.com

Yamasaki Insurance Agency

1840 W 186th St Ste 200
Torrance, CA 90504
www.yamasaki-insurance.com

Other Legal Matters

American Legal Documents

10832 Laurel St #203
Rancho Cucamonga, CA 91730
(866) 213-2242
americanlegaldocuments.org/
Secure your family's future with easy asset distribution. Free consultation for trustworthy legal services. Protect your loved ones today. Contact us for peace of mind and a free consultation!

Council on Aging - Southern California Senior Protection Program (SPP) and FAST

2 Executive Circle, Suite 175
Irvine, CA 92614
(714) 479-0107
www.coasc.org/spp

NotaryCam

2901 W Coast Hwy Ste 200
Newport Beach, CA 92663
(949) 289-3299
www.notarycam.com

Socal Signing

142 E Bonita Ave Ste 231
San Dimas, CA 91773
(909) 592-3566
www.mobilenotaryinorangecountyca.com



EQUIPMENT AND SERVICES FOR SENIOR SPECIAL NEEDS

Adaptive/Specialized Medical Equipment & Services

Agape Hospice & Palliative Care

3711 Lomita Blvd 120
Torrance, CA 90505
(213) 234-5535
www.agapehospiceaz.com

Aspen Medical Products

6481 Oak Cyn
Irvine, CA 92618
(949) 681-0200 ext. 406
www.aspenmp.com

Calstro Hospice

4959 Palo Verde St Ste 108B
Montclair, CA 91763
(909) 399-0733
www.calstrohospiceinc.com

Care One Hospice

18520 Burbank Blvd Ste 103
Tarzana, CA 91356
(818) 342-3886
www.careonehospice.com

Caremax

8271 Commonwealth Ave
Buena Park, CA 90621
(714) 739-2201
www.caremaxrm.com

Cherish Hospice

2340 Plaza Del Amo Ste 230
Torrance, CA 90501
(310) 320-1677
www.cherishhospice.com

Clear Hearing Aids

4764 Park Granada Ste 109
Calabasas, CA 91302
(818) 222-4327
www.hearclear.net

Faith & Hope Hospice Care

1575 N Lake Ave Ste 208
Pasadena, CA 91104
(818) 559-1460
www.faihandhopehospice.com

Fidelis Specialty Pharmacy

1002 S Baldwin Ave
Arcadia, CA 91007
(760) 206-8645
www.fidelis-rx.com

First Choice Hearing Aid Center Inc.

22622 Lambert St. Suite #301B
Lake Forest, CA 92630
(949) 768-4327
www.1stchoicehearing.net

Grateful Palliative Care and Hospice

215 S La Cienega Blvd Ste 206
Beverly Hills, CA 90211
(310) 854-1055
www.gratefulhospice.com

Hospice of Amador & Calaveras

1500 S State Hwy 49 Ste 205
Jackson, CA 95642
(209) 223-5500
www.hospiceofamador.org

Life Hearing, Inc.

18672 Florida St. Suite #202A
Huntington Beach, CA 92648
(714) 375-7776
www.Lifehearinginc.com

Life Hearing, Inc.

1635 E. Lincoln Avenue
Orange, CA 92865
(714) 282-9911
www.Lifehearinginc.com

Maxcare Hospice

13800 Arizona St Ste 201
Westminster, CA 92683
(714) 844-7777
www.maxcarehospice.com

Mini Pharmacy

2425 Porter St
Los Angeles, CA 90021
(213) 239-1265
www.minipharmacy.com

Mission Hospice

2555 E Colorado Blvd Ste 301
Pasadena, CA 91107
(626) 799-2727
www.missionhospice.net

MOBI Technologies

725 W Washington Blvd
Los Angeles, CA 90015
(323) 904-3000
www.getmobi.com



Los Angeles Jewish Health... Energizing Senior Life!

- Independent Living
- Assisted Living
- Senior Behavioral Health
- Short-Term Rehabilitation
- Skilled Nursing
- PACE
- Hospice & Palliative Care
- Nursing School
- Geriatric Health
- Memory Care



←
SCAN
ME

Nonprofit Los Angeles Jewish Health, formerly Los Angeles Jewish Home, is committed to excellence in senior care for all.

Our comprehensive selection of living options and award-winning care meets seniors where they are in life, providing individualized services focused on mind, body, and spirit.

One call does it all
855.227.3745
LAIHealth.org



Assisted Living at The Variel Offers MORE

- Larger Apartments
- Personal Assistance
- Excellent Care

All in an Environment of Vibrancy and Grace

Come see what MORE looks like.

Call **(818) 302-7004**



THE VARIEL
Inspired Senior Living

6233 Variel Ave. | Woodland Hills, CA 91367 | TheVariel.com
INDEPENDENT LIVING | ASSISTED LIVING | MEMORY CARE

License No. 195850240



Adaptive/Specialized Medical Equipment & Services

Radiance Hospice

15501 San Fernando Mission Blvd Ste 301
Mission Hills, CA 91345
(818) 588-4826
www.radiancehospicecare.com

Roze Room Hospice

5000 Overland Ave Ste 101
Culver City, CA 90230
(805) 620-6901
www.rozeroom.org

Second Chance Hearing

999 W 7th St
Oxnard, CA 93030
(805) 870-4498
www.secondchancehearing.com

Senior Mart Medical Supplies

15791 Rockfield, Suite E
Irvine, CA 92618
(949) 340-9100
www.seniormart.com
Medical Supply Store (DME) Serving Orange County. Over 10,000 premier products for purchase in store. Medical Equipment Rentals. White Glove Delivery, Repairs, Financing Available

Somnvie

466 Foothill Blvd Ste 341
La Canada Flintridge, CA 91011
(818) 307-2330
www.somnvie.com

St Francis Hospice Care

10970 Arrow Rte Ste 204
Rancho Cucamonga, CA 91730
(909) 989-5383
www.stfrancishc.com

St Liz Hospice

1910 W Sunset Blvd Ste 420
Los Angeles, CA 90026
(213) 365-6499
www.stlzhospice.com

Sun Medical Supplies - Beaumont

635 Highland Springs Ave.
Beaumont, CA 92223
(951) 888-3007
www.sunmedicalsupplies.com/

Sun Medical Supplies - Redlands

1915 West Redlands Boulevard, Suite 101
Redlands, CA 92373
(909) 307-8090
www.sunmedicalsupplies.com/

Sun Medical Supplies - Upland

1394 W 7th Street Upland
Upland, CA 91786
(909) 789-0229
www.sunmedicalsupplies.com/

Verdugo Hospice Care Center

4170 Verdugo Rd
Los Angeles, CA 90065
(323) 257-5715
www.verdugohospice.com

Vivera Pharmaceuticals

4533 Macarthur Blvd 5049
Newport Beach, CA 92660
(949) 234-6161 ext. 208
www.viverapharmaceuticals.com

Advance Planning & Funeral Services

Hollywood Forever

6000 Santa Monica Blvd
Los Angeles, CA 90038
(323) 469-1181
www.hollywoodforever.com

National Funeral Directors Association

3020 Old Ranch Pkwy Ste 300
Seal Beach, CA 90740
(262) 814-1534
www.nfda.org

Sepio Guard

27324 Camino Capistrano Ste 225
Laguna Niguel, CA 92677
(949) 652-6424
www.sepioguard.com

Meal Programs & Services

Meals on Wheels of Long Beach

PO Box 15688
Long Beach, CA 90815
(562) 439-5000
www.mowlb.org/

Project Angel Food

922 Vine St
Los Angeles, CA 90038
(323) 845-1800 ext. 212
www.angelfood.org

Sunfare

120 S Anderson St
Los Angeles, CA 90033
(623) 434-7280
www.sunfare.com

Zcater

17290 Newhope St Ste A
Fountain Valley, CA 92708
(714) 434-8001
www.zcater.com

Mobility Aids

shoprider mobility products

1338 Storm Pkwy Ste D
Torrance, CA 90501
(310) 832-7323
www.shoprider.com

Sun Medical Supplies - Beaumont

635 Highland Springs Ave.
Beaumont, CA 92223
(951) 888-3007
www.sunmedicalsupplies.com/

Sun Medical Supplies - Redlands

1915 West Redlands Boulevard, Suite 101
Redlands, CA 92373
(909) 307-8090
www.sunmedicalsupplies.com/

Sun Medical Supplies - Upland

1394 W 7th Street
Upland, CA 91786
(909) 789-0229
www.sunmedicalsupplies.com/

Transportation Assistance

AltaMed PACE - Anaheim

1325 N. Anaheim Blvd., Suite 100
Anaheim, CA 92801
(562) 373-1213
www.altamed.org/PACE

AltaMed PACE - Covina

535 S. 2nd Ave.
Covina, CA 91723
(323) 236-7347
www.altamed.org/PACE

AltaMed PACE - East Los Angeles

5425 East Pomona Blvd
Los Angeles, CA 90022
(323) 621-9826
www.altamed.org/PACE

AltaMed PACE - El Monte

10418 Valley Blvd., Suite A
El Monte, CA 91731
(323) 244-6331
www.altamed.org/PACE

**AltaMed PACE -
Grand Plaza**

701 W. Cesar Estrada Chavez Ave., Suite 201
Los Angeles, CA 90012
(323) 509-6685
www.altamed.org/PACE

**AltaMed PACE -
Huntington Park**

1900 Slauson Ave., Suite B
Huntington Park, CA 90255
(323) 675-8164
www.altamed.org/PACE

**AltaMed PACE -
Long Beach**

1500 Hughes Way, Suite C150
Long Beach, CA 90810
(323) 695-6979
www.altamed.org/PACE

**AltaMed PACE -
Lynwood**

3820 Martin Luther King Jr. Blvd.
Lynwood, CA 90262
(323) 437-8251
www.altamed.org/PACE

**AltaMed PACE -
Norwalk**

11541 Rosecrans Ave.
Norwalk, CA 90650
(323) 516-3029
www.altamed.org/PACE

**AltaMed PACE -
Santa Ana**

3601 W. Sunflower Avenue, Suite 100
Santa Ana, CA 92704
(323) 346-4602
www.altamed.org/PACE

**AltaMed PACE -
South Los Angeles**

1776 E. Century Blvd
Los Angeles, CA 90002
(323) 622-9158
www.altamed.org/PACE

Amwest Ambulance

13257 Saticoy St
North Hollywood, CA 91605
(818) 859-7999
www.amwestambulance.com

Honk For Help

2251 Barry Ave
Los Angeles, CA 90064
(855) 246-3409
www.honkforhelp.com

Liberty Ambulance

9441 Washburn Rd
Downey, CA 90242
(904) 721-0008
www.libertyambulance.com

LifeLine Ambulance

1120 S Maple Ave Fl 2 Ste 200
Montebello, CA 90640
(323) 201-0850
www.lifeline-ems.com

Lynch Ambulance

2950 E La Jolla St
Anaheim, CA 92806
www.lynchambulance.com

Tribal Rides

25108 Marguerite Pkwy Ste A450
Mission Viejo, CA 92692
(949) 434-7259
www.tribalrides.us

West Coast Ambulance

647 W Avenue L14
Lancaster, CA 93534
(800) 880-0556
www.wcambulance.com

HOME HEALTHCARE PRODUCTS

MEDICARE IEHP & other insurances accepted



Financing options available through
CareCredit

**WE ARE YOUR LOCAL,
FULL SERVICE, DURABLE
MEDICAL EQUIPMENT
PROVIDER**

Trusted Since 2003



Sun Medical Supplies

Your Source for Healthcare Products

Call or visit us Monday-Friday 9AM-6PM Saturday 10AM-3PM

Beaumont Store

635 N. Highland Springs Ave.
Beaumont, CA 92223
(951) 888-3007

Redlands Store

1915 W. Redlands Blvd. #101
Redlands, CA 92373
(909) 307-8090

Upland Store

1394 W. 7th St.
Upland, CA 91786
(909) 789-0229

HEALTHY AND HAPPY AT HOME
Your Goal, Our Mission

Medical, Social & Home Care for Seniors

*Servicios médicos, sociales y cuidado
en el hogar para personas mayores*



**neighborhood
HEALTHCARE**

PACE

Contact us today

Now enrolling

844-642-7223 | NHpace.org



RECREATION, PERSONAL SERVICES & OTHER

Day Spas/Massage

Barefoot Bliss Massage

111 W Avenida Palizada Ste 111
San Clemente, CA 92672
(949) 208-0200
www.barefootblissmassage.com

Body Support Center

1017 Mission St
South Pasadena, CA 91030
(626) 441-1133
www.bodysupportcenter.com

Divine Royalty Massage

5150 Candlewood St Ste 17C
Lakewood, CA 90712
(562) 513-0903
www.divineroyaltymassage.net

Handzzz Mobile Massage

16060 Ventura Blvd 454
Encino, CA 91436
(877) 742-6399
www.handzzz.com

Massage Matters

16525 Von Karman Ave Ste E
Irvine, CA 92606
(888) 268-5140
www.massagemattersclinic.com

OC Athletic Massage

3900 Campus Dr
Newport Beach, CA 92660
(949) 533-8403
www.ocathleticmassage.com

The NOW Massage

2407 Main St
Santa Monica, CA 90405
(323) 250-5060
www.thenowmassage.com

Yofima

1416 Carmona Ave
Los Angeles, CA 90019
(424) 279-4482
www.yofima.com

Other Recreational & Personal Services

California Car Duster

1650 Voyager Ave Ste B
Simi Valley, CA 93063
(818) 998-2300 ext. 138
www.calcarduster.com

Complete Landscape Care

13316 Leffingwell Rd
Whittier, CA 90605
www.completelandscapecareinc.com

Dog and Cat Dentist

9599 Jefferson Blvd
Culver City, CA 90232
(310) 558-6175
www.dogandcatdentist.com

Excel Pest Management

25876 The Old Rd 448
Stevenson Ranch, CA 91381
(877) 364-4350
www.excelpestmgt.com

Fox Fine Jewelry

560 E Main St
Ventura, CA 93001
(805) 652-1800
www.foxfinejewelry.com

Golden Future 50+ Senior Expo

(805) 716-3303
www.GoldenFutureSeniorExpo.com
Established in 2010, we're Southern California's Premier Lifestyle, Health & Active Aging Expo for Seniors! Events offer FREE Admission/Parking, Expert Speakers/Workshops, DoorPrizes, Giveaways, Screenings & More!

GreenTech Heat Solutions

5405 E La Palma Ave
Anaheim, CA 92807
(714) 306-6895
www.greentechheat.com

Little Tokyo Service Center

231 E 3rd St Ste G106
Los Angeles, CA 90013
(213) 473-1653
www.visitlittletokyo.com

McKinley & Associates

1106 Sherman St
Alameda, CA 94501
(510) 684-6911
www.mckinleyarborists.com

Private Car Wash Service

25 Enterprise
Aliso Viejo, CA 92656
(800) 511-0756
www.privatecarwash.com

Show Fleet

601 N Batavia St.
Orange, CA 92868
(949) 460-0314
www.showfleet.com

Success Continuing Education

2 Corporate Plaza Dr Ste 100
Newport Beach, CA 92660
(949) 706-9453
www.successce.com

United Defense Tactical

1011 Briosso Dr Ste 108
Costa Mesa, CA 92627
(949) 612-2711
www.uniteddefensetactical.com

Veterinary Medical and Surgical Group

31896 Plaza Dr Ste C1
San Juan Capistrano, CA 92675
(949) 201-4100
www.vmsg.com

Wills Wing

500 W Blueridge Ave
Orange, CA 92865
(714) 998-6359
www.willswing.com

Travel & Leisure Services

Clasiq

3951 Higuera St
Culver City, CA 90232
(888) 469-1435
www.clasiq.com

Monday Motorbikes

605 Hawaii Ave
Torrance, CA 90503
(302) 305-0986
www.mondaymotorbikes.com

Tern Bicycles

4067 Hardwick St Pmb 288
Lakewood, CA 90712
+886 2 2999 5623#208
www.ternbicycles.com

Wider Circle

50 Woodside Plz Pmb 743
Redwood City, CA 94061
(800) 656-0228
www.widercircle.com

AltaMed PACE Offers Personalized Health Care and Independence

For more than 25 years, the AltaMed Program of All-Inclusive Care for the Elderly, or PACE, has been helping seniors with chronic medical conditions enjoy the peace of mind and independence of staying at home, all while receiving the personalized health care and the social activities they need to live well.

AltaMed PACE services are free to eligible seniors who have Medi-Cal and or a combination of Medi-Cal and Medicare.



Call us today if you or a loved one may benefit from the PACE program!



(855) 252-7223, TTY: 711
AltaMed.org/PACE



Your
Health Is
Everything
to Us

Focused on healthful aging

◆ Senior Services ◆ Nutrition Support ◆ Transportation

We all want to be as healthy as can be, no matter our age. As the largest health plan in Orange County, we support our senior community by providing access to healthy resources others can't. Through nutrition programs, social activities to reduce loneliness, transportation to a doctor's appointment and more, we help seniors live every year to the fullest.

caloptima.org
CalOptima Health, A Public Agency

